

PSYCHIC NEWS

incorporating Two Worlds

Items King sent to Spiritualist sell at auction for over £76,000

**ORIGINS OF BELIEF
IN THE AFTERLIFE**

**CELEBRATING
ACTS OF LOVE**

**PAINTING AND
THE UNSEEN**

Hilma af Klint's place in art history recognised with new documentary

**ALL LIFE IS
SPIRIT**

Lionel Owen shares some thoughts prompted by COVID-19 lockdowns

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'MEETS'
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SOLVED AT
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**'DEAD' GANDER'S RETURN
IS NO FLIGHT OF FANCY**

**REPLACING HATRED AND
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**BEYOND SCIENCE
FICTION**

Mediums, professors and forensic tests offer powerful evidence of an atheist's spirit return

**MOTHER RETURNS
WITHIN MINUTES
OF PASSING ON**

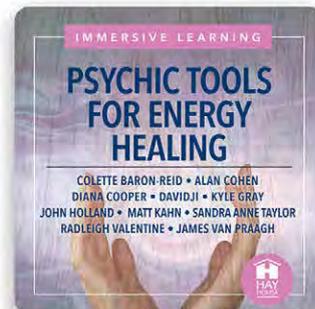
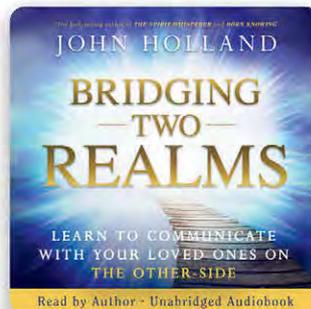
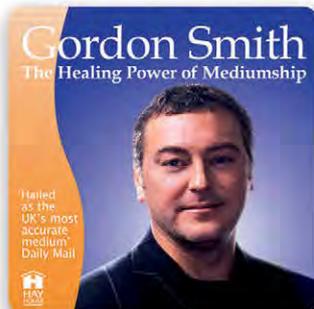
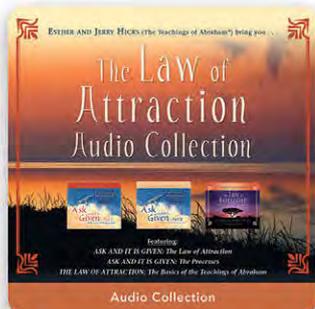


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TWO WORLDS ARE ONE

NEWS AND VIEWS FROM
THE EDITOR'S DESK

BY TONY ORTZEN

Virus 'does not need a passport'

NO matter what, life ambles on, although it has changed in so many dramatic ways in the space of a few short months.

The very first time the BBC's TV news reported an outbreak of a new virus in China, I turned to a friend and said, "The world's got no idea of what's going to hit it." These words soon became tragically true.

According to an excellent *Panorama* programme I watched last night, the Chinese authorities lied, denied and distorted the truth from the word go. No surprise there, as China remains an unpleasant one party Communist-dominated state.

It remains to be seen whether the vicious virus escaped from a laboratory or was due to the vile practices and cruel treatment of innocent animals in a so-called wet market. Either way, it's wrecked lives and the world's economy.

However, perhaps we could all learn a thing or three from the present situation, so here's something I received last week, which was attributed to American business magnate, software developer, investor and philanthropist Bill Gates.

All was not what it seemed. A colleague who did some detective work discovered that Mr Gates did not write the below. However, it still makes thoughtful reading. Here goes:

'I'm a strong believer that there is a spiritual purpose behind everything which happens, whether that is what we perceive as being good or being bad.

As I meditate upon this, I want to share with you what I feel the Corona/COVID-19 virus is really doing to us.

- It is reminding us that we are all equal, regardless of our culture, religion, occupation and financial situation or how famous we are. This disease treats us all equally; perhaps we should too.
- It is reminding us that we are all connected and something that affects one person has an effect on another.
- It is reminding us that the false borders we have put up have little value, as this virus does not need a passport.
- It is reminding us, by oppressing us for a short time, of those in this world whose whole life is spent in oppression.
- It is reminding us of how precious our health is and how we have moved to

neglect it through eating nutrient-poor manufactured food and drinking water that is contaminated with chemicals. If we don't look after our health, we will, of course, get sick.

- It is reminding us of the shortness of life and of what is most important for us to do, which is to help each other, especially those who are old or sick.

- It is reminding us of how materialistic our society has become and how, when in times of difficulty, we remember that it's the essentials we need – food, water and medicine – as opposed to the luxuries we sometimes unnecessarily give value to.

- It is reminding us of how important our family and home life is, and how much we have neglected this. It is forcing us back into our houses so we can rebuild them into our home and to strengthen our family unit.

- It is reminding us that our true work is not our job; that is what we do, not what we were created to do. Our true work is to look after each other, to protect each other and to be of benefit to one another.

- It is reminding us to keep our egos in check. It is reminding us that no matter how great we think we are or how great others think we are, a virus can bring our world to a standstill.

- It is reminding us that the power of free will is in our hands. We can choose to co-operate and help each other – to share, to give, to help and to support each other – or we can choose to be selfish, to hoard and to look after only ourselves. Indeed, it is difficulties that bring out our true colours.

- It is reminding us that we can be patient or we can panic. We can either understand that this type of situation has happened before in history and will pass, or we can panic and see it as the end of the world and, consequently, cause ourselves more harm than good.

- It is reminding us that this can either be an end or a new beginning. This can be a time of reflection and understanding where we learn from our mistakes or it can be the start of a cycle, which will continue until we finally learn the lesson we are meant to.

- It is reminding us that this Earth is sick. It is reminding us that we need to look at the rate of deforestation just as urgently as we look at the speed at which toilet rolls are disappearing off shelves. We are sick because our home is sick.

• It is reminding us that after every difficulty, there is always ease. Life is cyclical, and this is just a phase in this great cycle. We do not need to panic; this too shall pass.

Whereas many see the Corona/ COVID-19 virus as a great disaster, I prefer to see it as a great corrector. It is sent to remind us of the important lessons that we seem to have forgotten – and it is up to us if we will learn them or not.)



Due to the virus, unfortunately it is still not financially feasible to produce a printed version of *Psychic News*, hence this online version.

Apart from the fact that the majority of Spiritualist churches are still closed, when a leading newsagent opened some of its shops, initially magazine sales were down by a staggering 70 to 80 per cent compared to pre-lockdown times.

To plug the gap, this issue contains some new items along with a selection of the best features from previous issues of *Psychic News* and *Two Worlds*.

All subscriptions will be extended and we hope to be back in print as soon as possible.

Comedian sees 'dead' partner

ACCORDING to various press reports, comedian Syd Little "is coping with the death of his on-stage partner Eddie Large by talking to the ghost of his TV sidekick most days." One article added:

"The TV star, 77, revealed how he communicates with the other half of the famous double act, Little and Large, after Eddie Large passed from coronavirus in April aged 78.

"Syd explained how he is constantly thinking about his best friend of 60 years and talks to him about 'the great old times' and the latest Manchester City score."

The comedians shot to fame after winning TV's *Opportunity Knocks* in 1971. Their professional partnership lasted for 50 years.

"He's definitely up there listening," said Syd. "I can hear his questions and his answers back to me as plain as ever."

Syd added that he sees Eddie's "whole face light up" while they take a trip down memory lane.

Blackpool-born Syd "even explained how Eddie, who was a lifelong City fan, asks who his team are up against next after they have played well."

Syd said that Eddie will "never leave"



SYD LITTLE and Eddie Large on a celebrity edition of BBC's "Pointless" in August 2019.

his side and trusts in the fact his friend will always be there for him.

Eddie passed on after he contracted coronavirus whilst in hospital being treated for heart failure.

Social distancing restrictions then in force meant that only a few mourners were able to attend his funeral service at the South Bristol Crematorium, where Syd gave the eulogy.

Following Eddie's passing, Syd described the news as "devastating," adding: "He had been ill for a while, but when it happens, it hits you.

"We were together 60 years. It wasn't like having a partner. We were friends."

Eddie, who lived with his wife Patsy in Portishead, near Bristol, received a heart transplant in 2003. His son Ryan commented that his heart was "not strong enough to fight" coronavirus.

Bach's worse than their bite...

THERE are many ways to relax, such as reading, going for a walk somewhere green or doing a spot of gentle gardening. All lift the spirits and soothe the soul. But music to help stressed police dogs? Yes!

Apparently, stressed Spanish sniffer dogs who locate explosives and rescue people are being given classical music therapy to calm their nerves.

Madrid's police canine unit is playing 22 dogs concertos and symphonies several times a day. The scheme is part of a plan to revamp their kennels, which will have air conditioning and heating to prevent them

getting too hot in the summer and feeling cold in the winter.

The dogs' duties mostly concern searching for fake currency and drugs. They have now been provided with both toys and a play area. Established in 1983, Madrid's police dog section includes two animals that detect explosives and rescue people.

Sergeant Rafael de la Gándara, who heads the canine unit, explained that a dog's response is crucial when it discovers something.

When searching for drugs, a dog "digs up the ground, which obviously wouldn't be a good idea if it were looking for explosives. So it has to have another way of showing that it has found something. Likewise, if it's a rescue situation, it barks when it has found someone."

A few years ago researchers at the University of Glasgow discovered that dogs' stress levels were reduced when they listened to music.

Conducted by the Scottish Society for the Prevention of Cruelty to Animals, researchers at the university turned on six-hour playlists of five different types of music for shelter dogs.

During the study, the dogs heard classical music, soft rock, reggae, pop and Motown. While the dogs were listening, researchers took note of their heart rate, cortisol levels and behaviour that measures stress, such as barking or lying down.

It appeared that dogs are fans of chillax music like Bob Marley and were less

stressed while listening to soft rock or reggae. Motown and heavy metal music increased their stress levels.

Neil Evans, a co-author of the findings, said that overall “the response to different genres was mixed, highlighting the possibility that like humans, our canine friends have their own individual music preferences.

“That being said, reggae music and soft rock showed the highest positive changes in behaviour.”

Based on the results of the study, Mr Evans and his team believe that shelters and dog owners alike would benefit from playing reggae or soft rock music for their pets during stressful situations. Think I’ll stick with Dusty Springfield and the Walker Brothers.

Story is crystal clear

NOW here’s a story which should be crystal clear, for former Spice Girl Victoria Beckham, who now runs a fashion business, has included secret pockets in wide-leg trousers so customers can pop in crystals as she does.

Victoria carries crystals to surround herself with “positive energy” and once incorporated them into her Pre-Fall collection.

In an interview with *Elle*, Victoria discussed her love of crystals and explained she also wants her customers to

feel “confident and secure,” which is why the pockets were included.

“We clipped crystals onto belt loops, and included secret pockets for them on wide leg trousers so you can carry charms wherever you go,” she added.

The first crystal Victoria bought was Obsidian – often called volcanic glass because it is formed from molten lava that has cooled very quickly – which she still takes with her wherever she goes to provide “protection and strength.”

Apparently, it was Victoria’s own love of crystals that made her decide to include them in her haute couture creations.

“I started by looking at my own crystal collection,” she said, “and thinking about what might be important to my customers.”

Victoria has previously revealed how she uses Rose Quartz at fashion shows, which is believed to bring positive energy.

However, perhaps she might also benefit from Citrine, also referred to as “the merchant stone,” because it helps to bring prosperity to business owners.

Why? Well, it was revealed that over 400 items on Victoria’s fashion brand’s website had their prices slashed by up to 70 per cent. Accounts showed that her losses had almost doubled in 2017 from £4.8 million to nearly £8.5 million.

A few years ago, speaking to students at LASALLE College of the Arts in Singapore, Victoria said: “If I told you my



VICTORIA BECKHAM: “I like to surround myself with positive energy.” Here, Victoria is seen at a LG Mobile Phone Touch Event. (Photo: LG)

backstage rituals and was honest you would think I was a little weird. I carry my crystals with me, which some people might think as odd, but it works for us...

“New York works and my team are happy there. We have a great set-up there. We go to the same hotel.

“But I am quite superstitious. I don’t walk underneath ladders. And if I see magpies I do the salute thing.”

One of the items on Victoria’s website is a smart-looking “Tri-Stone Pendant Necklace,” which retails at £250.00. It features Crystal Quartz, White Howlite and Rose Quartz.

“I like to surround myself with positive energy, so I’m excited to include gemstone jewels in my collection this season,” says Victoria. “I hope you love them as much as I do, and benefit from their healing powers.”

Made in Italy, the gemstones on this “statement pendant necklace” are suspended on a delicate gold-tone brass chain. With a lobster clasp, the necklace has a 40cm drop, which can be adjusted to 35cm.

The site says that Crystal Quartz is said to bring harmony, clarity and serenity, White Howlite is believed “to relieve stress, calm and encourage peaceful dreams” whilst Rose Quartz attracts “tenderness, love and peace.”

Since launching it over ten years ago, Victoria’s fashion brand is now stocked in



DOGS at Madrid’s police canine unit are being given classical music therapy several times a day to calm their nerves. (Photo: Diario de Madrid)

over 400 stores in more than 50 countries.

Her site adds that with offices in London and New York, “a flagship store in Mayfair and another store in central Hong Kong, Victoria shows her mainline collection at New York Fashion Week.

“The brand has won critical acclaim alongside multiple industry awards, including Best Designer Brand and Brand of the Year at the British Fashion Awards.” All of which sounds like something to sing about...

A mindful account

OVER the last couple of years, mindfulness has received a huge amount of publicity. In a nutshell, it can be defined as “The quality or state of being conscious or aware of something. A mental state achieved by focusing one’s awareness on the present moment while calmly acknowledging and accepting one’s feelings, thoughts and bodily sensations.”

In a radical shake-up, the Girl Guide movement has announced over 800 new activities and badges, one of which concerns mindfulness. Having started as Rainbows, the girls progress to the Brownies, then become Guides and on to Rangers.

Jess Bond, Lead Volunteer for Programme Renewal, said: “This is a hugely exciting time for Girlguiding – it’s revolutionary.

“We’ve really listened to what girls have told us they’d like to see and incorporated their suggestions, creating new badges and activities, and updating others so they’re relevant now and in the future.” The leaflet on mindfulness states:

Mindfulness can calm you down or help you pay attention. Try these challenges to see what mindfulness can do for you. Once you’ve tried challenges one and two, pick one and do it every day for a week.

1. Senses

Find a relaxing space and get into a comfortable position. Take a few moments to calm yourself. Now, use three of your senses (for example, hearing, seeing and touch) to become aware of what you’re experiencing at that very moment.

Take a few slow breaths and then ask yourself: “What three things can I hear? What three things can I see? What three things can I feel?”

Think of each answer to yourself slowly, one sense at a time. Take time to explore your senses fully – at least one minute for each sense.



IN a radical shake-up, the Girl Guide movement announced over 800 new activities and badges, one of which concerns mindfulness.

2. Your own beat

Now, let’s try the heartbeat exercise. Start by getting your heart pumping by moving around. Why not do a little dance to your favourite music?

After a minute or so, when you think your heartbeat is fast, lie down and be very still. Try to feel your heart beating. If you can’t, put your hand on your chest.

Later on, when you’re relaxed and calm, try lying down again and see if you can feel your heartbeat in a part of your body. You’ll have to concentrate very hard. Try to do it without putting your hand on your chest.

3. Be grateful

Think of ten things in your life you’re grateful for. They could be things from today or from the past.

Think about the different parts of your life, including school, home, special occasions or visits to places you’ve enjoyed. You might realise you didn’t notice at the time how grateful you were.

Do you feel more grateful now you’ve had a chance to think about it? Present your list of ten things creatively.

The new programme was phased in over twelve months and was due to be fully rolled out by September 2019.

Incidentally, yoga is now being taught at five nursery schools in London and may be expanded to include others.

“Yoga for three year olds?” asked a reporter on BBC TV’s London news. “Is it even possible?”

Yoga teacher Jessica Reece Bloch replied that the youngsters would “understand how your body responds when you’re feeling angry and then understand how your body responds when you’re trying to soothe it by breathing.

“I don’t think that there’s ever a stage where it’s too early to start learning that for such a young age group.”

June O’Sullivan, Chief Executive of LEYF Nurseries, asked: “What are the normal everyday strategies that these children can learn in a noisy city, in a crowded train?”

“Everyone’s got their mobile phone on; everyone’s got social media. Where do

children get quiet?

“Where do children get time just to be? Where do children get space just to feel safe and able just to take a deep breath?”

Asked how lively three-year-olds felt after trying yoga, Aine Sattaur, of Noah’s Ark Community Nursery, said: “Afterwards when they’re going out into the garden, they are a lot calmer. They’re sharing and talking to one another.

“They’re able to wait for their turn. It seems just to calm them down. It has a good positive energy.”

What’s in a name?

NOW here’s an intriguing story which really interested me and I hope you’ll be intrigued by it too.

Frankly, I really can’t be bothered with fiddling about with Facebook and particularly texts and Twitter only because it takes me ages to send even the simplest message, as I always hit the wrong character.

Anyway, this account comes care of Twitter. Mercifully, it was sent to me by e-mail and concerns an American woman being called Heather for most of her life despite her name being Summer.

“Ever since I was a kid, people accidentally call me Heather,” said Summer. “It happens at least once a week. Doctors I’ve seen for years will slip and call me Heather.

“My own husband has recently called me Heather. People have been Heathering me since I was a wee little tot.”

Summer was adopted. Before she went to live with her new parents and was named Summer, she was in a baby-holding home and “given a random name instead of Baby 847.”

Recently, via Facebook Summer was contacted by her biological family – a sister, brothers and father.

Having traced her, they flew Summer out to meet them. After a few days together, Summer asked about the adoption agency’s “random baby name” that was given to her. You’ve guessed it – Heather. ■

Woman ‘meets’ Norse god

PN Reporter

A WOMAN who underwent an out-of-body experience after temporarily dying following a severe asthma attack believes she visited the afterlife, where she met the Norse god Heimdall.

According to the Encyclopaedia Britannica website, Heimdall, who was called “the shining god,” dwelt at the entry to Asgard, where he guarded Bifrost, the rainbow bridge.

The site adds: “He required less sleep than a bird, could see 100 leagues and could hear grass growing in the meadows and wool growing on sheep.

“Heimdall kept the ‘ringing’ horn, Gjallarhorn, which could be heard throughout heaven, earth and the lower world.

“It was believed that he would sound the horn to summon the gods when their enemies, the giants, drew near at the Ragnarök, the end of the world of gods and men.

“When that time came, Heimdall and his enemy Loki would slay each other.”

Named only as Jeanette, the woman told the Near-Death Experience Research Foundation: “I had an out-of-body experience where I could see the doctor and nurse working around my body on the table in the emergency room.

“I was conscious of the fact that they were injecting medications to try and restore lung function, since other medications had failed, but I couldn’t feel anything they were doing.

“Shortly after observing this, I felt the sensation of being lifted upwards. I found myself floating in a void. I had a subconscious sensation of being in space above the Earth.”

Jeanette added: “The level of alertness I felt was beyond anything I have encountered. I was perfectly aware and more awake than I have ever been in life.



DR SAM PARNIA: “A lot of people describe a sensation of separating from themselves and watching doctors and nurses working on them.”

“I also was aware of exactly what had happened during the asthma attack, going to the hospital and seeing my own body.

“There wasn’t any real positive or negative sensation involved. I had a feeling of peace that any of the problems I had been dealing with on Earth were finished.

“I felt that I didn’t need to worry about them, as though all of my affairs had been completed and taken care of exactly as they should have been.”

As Jeanette “floated in the void, I was also aware that I was not alone. There was another presence with me.

“I didn’t ask who or what they were, but I received a voiceless message from them telling me that they were my ‘oldest friend.’

“He/they told me their name was Heimdall. I had never heard of that name before. He told me that I would always have what I needed. They did not explain what that meant.”

As soon as Jeanette asked, “Am I dead?”

she awoke and was back in her body to discover she had been clinically “dead” for over six minutes.

The *Daily Express* commented, “Some researchers, however, have said these visions are a normal phenomenon and not necessarily a sign of an afterlife.”

Dr Sam Parnia, director of critical care and resuscitation research at NYU Langone Medical Center in New York City, told an *Oz Talk*:

“People describe a sensation of a bright, warm, welcoming light that draws them towards it.

“They describe a sensation of experiencing their deceased relatives, almost as if they have come to welcome them.

“They often say that they didn’t want to come back in many cases, as it is so comfortable. It is like a magnet that draws them...”

“A lot of people describe a sensation of separating from themselves and watching doctors and nurses working on them.”

Dr Parnia believes there are scientific explanations, and that seeing people is not evidence of the afterlife, but more likely the brain just scanning itself as a survival technique.

All very well. But how does Dr Parnia explain the fact that many who undergo an out-of-body trip travel to a different location and, when they return, can describe exactly what occurred in great detail?

In my book, this is excellent evidence that we have a spiritual body and also retain all our senses such as sight, sound, intelligence, memory and other vital attributes.

It is because of this that we are able to communicate to loved ones from the Higher Life and through mediums provide evidence we have survived so-called death. ■

Items King sent to Spiritualist sell at auction for over £76,000



A LETTER and cigarette case King George VI sent to his Spiritualist speech therapist have been sold at auction for £76,250.

Known as "The reluctant King," George was crowned following the abdication of his brother Edward VIII.

George's coronation was held at Westminster Abbey in May 1937. As the then Duke of York, years before the ceremony, he asked Lionel Logue to help him conquer his long-standing stammer after his private secretary introduced him to the Australian.

Just one month after George's coronation, Edward VIII married American divorcee Wallis Simpson at the Château de Candé in Monts, France.

The letter of gratitude from King George VI to Mr Logue came to light after 83 years.

Their friendship featured prominently in the 2010 film *The King's Speech*, in which Colin Firth won an Oscar for his portrayal of George VI. He starred opposite Geoffrey Rush, who played Mr Logue.

The letter was written from Windsor Castle on May 17, 1937, five days after the coronation and was prompted by the King and Queen Elizabeth – later the Queen Mother – rewatching his speech on film.

It was enclosed in a silver cigarette case bearing the Royal cipher, which was a gift to "my dear Logue."

The *Daily Mail* reported: "The speech



The cigarette case and letter were purchased on the phone by a private buyer from the UK for the sum of £76,250. (Photo: Woolley and Wallis)

therapist kept the 5ins tall case and letter until his death... at which point it passed into the hands of his brother Herbert.

"Months later Herbert gave the items to Australian jeweller Charles McGowan in lieu of payment, as he owed him £27.00 – £1,300 today – for a pearl necklace with a sapphire and diamond clasp. They

have remained in the McGowan family's possession since then."

Expected to fetch £4,000, the items were sold by auctioneers Woolley & Wallis, of Salisbury, Wiltshire.

Before the auction, which was delayed due to lockdown, Rupert Slingsby, a silver specialist at Woolley & Wallis, said: "We believe this letter is the only example written to Logue by George VI which has not been retained by the Logue family.

"It was one of his descendants who



The auction in full swing at Woolley & Wallis. (Photo: Woolley and Wallis)



CHARLES MCGOWAN outside his jewellery store where Lionel Logue's brother, Herbert, gave the items in lieu of payment for a necklace. (Photo: Woolley and Wallis)



Coronation portrait of King George VI by Sir Gerald Festus Kelly.

approached us last year with regard to a possible, albeit reluctant, sale.

"Before *The King's Speech*, most people were unaware of the difficulties that George VI encountered with his stammer.

"The enduring and endearing friendship between the King and Lionel Logue that emerged from that is especially evident in this new letter."

Writing on Windsor Castle marked stationery, the King told Lionel Logue: "The Queen and I have just viewed the film of our Coronation, and I could not wait to send you a few lines to thank you again for your hard work in helping me prepare for the great day.

"You know how anxious I was to get my responses right in the Abbey, the poor rehearsal adding greatly to my anxiety, but my mind was finally set at ease tonight.

"Not a moment's hesitation or mistake! The same cannot be said of the Bishops, of course, nor the pen I used to sign the Oath; the ink got all over my fingers, but fortunately one can hardly make it out.

"The success was due to your expert supervision and unflinching patience with me over recent months, and I truly don't know how I could have done it without you.

"I want you to know how grateful I am, not only for your invaluable help with my speech, but for your devoted friendship and encouragement, and I hope you will accept this small gift as a token of my appreciation."

The anonymous vendor of the letter and cigarette case, who lives in Australia, said they decided to sell the items in the UK, as that is where Lionel Logue built up his practice.

They said: "It feels like the time has come to finally sell the case and letter. The cigarette case has sat in a drawer for decades, unseen since Charles acquired it.

"It is only in recent years that Lionel Logue's extraordinary relationship with

George VI has been explored. The sale gives an opportunity for the story of their association to be better understood and appreciated.

"The King obviously developed a strong bond of friendship with Logue, and felt extremely grateful for his help in overcoming the stammer with which he battled.

"The case is a testament to their friendship and really brings history alive. I decided to send the case to the UK to be sold because much of Logue's working life was spent in England.

"That was where he met and treated the King, and it is from there that the King wrote to thank Logue after his coronation."

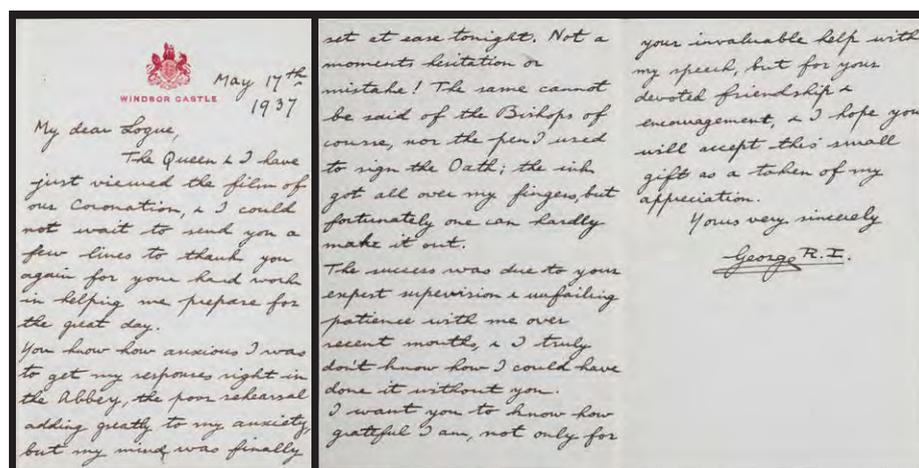
After the delayed auction, Rupert Slingsby said: "The story behind the cigarette case and the letter is remarkable. This is a truly unique item



LIONEL LOGUE turned to Spiritualism after his wife's passing. (File photo)

and a fascinating part of the history of the British Royal Family."

The case and letter had an initial starting price of £4,000 at auction and were purchased on the phone by a private buyer from the UK.



The full letter sent to Lionel Logue from King George VI. (Photo: Woolley and Wallis)

George passed of ill health in 1952, leaving his daughter Elizabeth, then 25, to become Queen. She is now Britain's longest-reigning monarch.

Born in College Town, Adelaide, South Australia, in 1880, the Australian Dictionary of Biography website says that Lionel Logue "was with the King for the VE Day broadcast on 8 May, 1945. Their friendship was 'the greatest pleasure' of Logue's life.

"After his wife's death that year, Logue took up Spiritualism. Survived by his three sons, he died on 12 April, 1953 in London and was cremated."

The website adds: "Logue practised at 146 Harley Street, London, from 1924: the fees paid by his wealthy clients enabled him to accept poorer patients without charge.

"In 1926 the Duke of York consulted Logue about his stammer. The therapist diagnosed poor co-ordination between larynx and diaphragm, and asked him to spend an hour each day practising rigorous exercises.

"The duke came to his rooms, stood by an open window and loudly intoned each vowel for fifteen seconds. Logue restored his confidence by relaxing the tension, which caused muscle spasms.

"The duke's stammer diminished to occasional hesitations. Resonantly and without stuttering, he opened the Australian parliament in Canberra in 1927.

"Using tongue-twisters, Logue helped the duke to rehearse for his major speeches and coached him for the formal language of his coronation in 1937.

"At Westminster Abbey on 12 May, wearing the MVO decoration given to him by King George VI on the previous night, Logue sat in the apse to encourage him during the ceremony.

"Before the King's radio broadcast that evening, Logue whispered to him, 'Now take it quietly, Sir!'"

The Australian Dictionary of Biography is produced by the National Centre of Biography at the Australian National University. ■

Mary joins her husband in the Higher Life

SCOTTISH medium Mary Armour has rejoined her husband in the spirit world after passing on from cancer aged 79.

Mary was married to Joe for 58 years. She once commented, "He was my everything." Joe was promoted in May 2017.

A former Royal Marine with the 42 Commando Sea Going Unit, after Joe spent 45 years with the GPO – later British Telecom – he retired on his 60th birthday.

The couple then moved to the beautiful island of Millport on the West Coast of Scotland. Mary and Joe had three children, twins Alison and Aileen, and later Gordon.

Born in Gourock, Inverclyde, Mary was not only a medium, but an intensive care specialist cardiac nurse and also trained in the neurological unit in Glasgow Southern General Hospital.

Mary once told *Psychic News*: "I have been a working medium for about 27 years.

"I had an awareness of 'things' and 'people' from early childhood, perhaps four or five years old.

"The gift seemed to disappear for a few years and then returned when I was about seventeen or eighteen.

"In the late 1970s, I was taken to the Arthur Findlay College, Essex, for training. Three years later, I took to the platform at Largs Spiritualist Church in North Ayrshire.

"My own development happened naturally, but I had a very special mentor, Jess Grant, now in Spirit, who was at Largs church for many years. Medium Gordon Higginson also helped me, as did Mavis Pittilla."

Asked about the standard of evidence now given from the platform, Mary commented:

"In some cases, the evidence from today's platforms can be devoid of facts, and is appalling, irresponsible and lacking in any structured presentation.

"At times, demonstrators even seem to lack an adequate ability to use the Queen's English!"

Next, Mary explained how she helped those wishing to develop their psychic gifts.

"First," she said, "we have to establish that the gift exists. Then I would teach them to try to use a structured list of questions between the communicator and themselves in order that the delivery of their messages can include a precise, detailed list of factual life.

"This must be of good evidential quality – memories, dates, places, the relationship of the communicator to the recipient, condition of passing, etc.



MARY ARMOUR: "We are totally dependent on our spirit communicators."

"I then teach them about the vast responsibility inherent in what they say. They must always remember that the message will remain with the recipient for the rest of his or her life.

"I also teach them that they should give absolutely no advice on legalities, relationships or health.

"I once attended a divine service in the Manchester area where the medium advised a person to invest their savings in a business venture. How irresponsible is that?"

"Dress and appearance are also important on the platform. The medium is in the shop window. He or she is an ambassador for the spirit world. The impression given must be favourable and professional.

"In many cases, a hurried development can lack the disciplines I've outlined. But remember that mediums are natural-born."

Answering the points, "Many mediums give private sittings and public demonstrations; are the pressures very different in those two situations?" Mary replied:

"Gordon Higginson used to say, 'A medium serves his or her apprenticeship doing private sittings.'

"My own experiences have been 50/50. Always remember, it's the sitter or congregation that create the atmosphere and energy that mediums work with."

Mary then listed her seven principles for mediumistic training and development:

1. Establish that a gift exists.
2. Follow the correct procedure for its development.
3. Join an established organisation, e.g. the Spiritualists' National Union,

Spiritualist Association of Great Britain, Institute of Spiritualist Mediums, etc.

4. Be professional on the platform.

5. Dress appropriately and be respectful to spiritual organisations. Give reasonable notice if having to cancel bookings, so that churches have time to find a suitable replacement.

6. Always be properly prepared regarding prayers, addresses, etc.

7. Respect Spirit. We are totally dependent on our spirit communicators. If they don't come, we can't work. Never bluff it.

Some years ago, Sonny Gee, then president of Golden Gate Spiritualist Church, San Francisco, with which he was associated for more than 45 years, paid tribute to Mary after she worked there.

"Mary," he said, "is an astoundingly accurate medium. She has demonstrated for over 30 years.

"Mary is active in many Spiritualist organisations and the founder of the White Rose Fellowship in her home town of Gourock.

"She is a leader in the field of developing young mediums and has lectured and taught extensively throughout Europe, Canada, Iceland, Australia and on the QE2.

"Mary is a leading authority on the life of Helen Duncan and author of *My Living Has Not Been in Vain*, an authentic bona fide account of the unfolding life of the renowned Scottish materialisation medium.

"The book is fascinating and contains the factual testimonies of Helen's fateful last sitting and the spoken words of Helen, who led Mary to the true facts surrounding her death."

Sonny added: "This Scottish powerhouse of a medium is truly one of the most evidential we've experienced. She's so good and works well standing right next to fellow medium Gordon Smith. It must be the Scottish blood!"

"Mary is such a vibrant demonstrator who can also teach. She's tough and demanding, but gets results. I've watched her bring out the very best out of very nervous students.

"She brings a lot of power and experience with her. My wife and I flew from California to watch her in action at a workshop in London. It was superb and worth the trip! Gordon was very good too."

Mary was also closely associated with the Spiritualist Association of Great Britain and was a lecturer and demonstrator at over twenty of its residential weekends at Eastbourne, East Sussex. ■

Medium for over six decades passes on to the spirit world

Below Ian Drever, of Newcastle's Spiritual Evidence Society, pays tribute to medium Margaret Pearson.

SCARBOROUGH-BASED medium Margaret Pearson has returned home to the spirit world. In a telephone call to her nephew, I was told that she "passed very quietly and peacefully in her sleep."

Margaret worked as a medium for over 60 years. She was still taking demonstrations well into her 80s and was only prevented from doing so by a painful arthritic knee, which made further travelling impossible. Whilst surgery eventually eased the pain, she still found walking difficult.

Margaret worked at the Spiritualist Association of Great Britain for over 25 years when it was situated at Belgrave Square in London.

"I absolutely loved working there," she once told me. "When you learned to work there, you could literally work anywhere!"

When she was young, Margaret attended a William Olsen direct voice séance. A lady communicated from the spirit world to thank Margaret for the help she had been giving her husband with housework since her passing.

"This showed me," said Margaret, "that not only are our loved ones still aware of what is happening around us, but that the spirit world is not a million miles away, but must be very close to us here on Earth."

Margaret was also a regular demonstrator at the London Spiritual Mission, Newcastle's Spiritual Evidence Society, Edinburgh's College of Parapsychology, the Arthur Findlay College and many churches both in the UK and abroad.

She worked with fellow medium Gordon Higginson on many occasions and for whom, she once told me, "I have the greatest respect."

Margaret sat in many of his physical séances. Gordon mentioned her in his autobiography *On the Side of Angels*.

In 2002, *Psychic News* reported how Margaret had been surprised by a dinner organised by Queen Street Spiritualist Church, Scarborough, to mark the occasion of her 80th birthday.

A message Margaret gave in our church is worth recalling. John Hopkinson, our

left church, he rang his grandmother on his mobile phone. She could hardly believe her ears about the evidence.

As a young woman, the grandmother suffered a miscarriage. In an attempt to cheer her up, her mother took her into Newcastle and purchased her a pair of very expensive white leather shoes, which she had kept to this day exactly as Margaret described.

Furthermore, whenever she got upset over anything trivial, her mother always told her, "Remember the white shoes!"

I was still a teenager when I had a private sitting with Margaret. She asked for something to hold in order to help her get a link, so I handed her my glove.

Within seconds, she asked, "Why am I being drawn to Edinburgh in Scotland with your father?"

"Because he lives there!" I replied.

Margaret then described both

my grandparents in the spirit world and correctly gave me their first names.

She then said she could see me reading classified adverts in a newspaper and asked if I had been advertising for something, which indeed I had.

Margaret said she did not know what it was I had been looking for, but felt strongly I would have it very soon.

I had advertised for a scarce book on the mediumship of Estelle Roberts, but received no response to the advert. Within a month of the sitting with Margaret, I had a copy of the book in my hands! I was most impressed when this happened.

Margaret requested that there be no service at her funeral and no mourners. Her nephew Geoff told me he had almost been able to keep his promise, but one of the undertakers was taken ill, so he was asked if he would like to assist.

So in the end, Geoff and his wife did attend to say a final earthy farewell to his much-loved aunt. ■



MARGARET PEARSON: A pair of expensive white leather shoes figured in survival evidence from a "dead" relative.

church organist, brought a young friend called James to one of Margaret's services. It was his first visit to a Spiritualist church.

Margaret correctly gave James the name of an uncle, who was the only person he knew who had died. She added that a lady in the spirit world wished to send a message to his grandmother.

"Your grandmother is still on Earth, isn't she?" said Margaret. James confirmed this was the case.

"I feel this lady is your great-grandmother," Margaret continued. "She is showing me a pair of white leather shoes. They would have been very expensive.

"I feel your grandmother still has these shoes and keeps them in a shoebox in her wardrobe. They are very old now. Does this mean anything to you?"

It meant nothing to James, so Margaret asked him to ask his grandmother, as "The lady in the spirit world wants to remind your grandmother about the white shoes."

James promised to do so. As soon as he

Major mystery is solved over giant stones at Stonehenge



THE mysterious origins of Stonehenge's giant sarsen stones have finally been uncovered... and it's all down a sample, which ended up in America.

Maintenance worker Robert Phillips worked for a Basingstoke-based diamond cutting business which was employed to reinforce one of the upright stones with metal rods more than 60 years ago.

Whilst at the site, Mr Phillips took a core sample from one of the megaliths and kept it for himself. He took it with him when he emigrated to the USA.

It stayed there largely unknown for six decades before Mr Phillips expressed a wish for it to be returned to the UK on the eve of his 90th birthday.

Last month, it was revealed that analysis by archaeologists has pinpointed the source of the twenty-tonne stones to an area only fifteen miles north of the site near Marlborough, Wilts.

"The seven-metre tall sarsens, which weigh around 20 tonnes, form all fifteen stones of Stonehenge's central horseshoe, the uprights and lintels of the outer circle, as well as outlying stones," said the BBC.

"The monument's smaller bluestones have been traced to the Preseli Hills in Wales, but the sarsens had been impossible to identify until now.

"The return of the core, which was removed during archaeological excavations in 1958, enabled archaeologists to analyse its chemical composition."

After receiving the core sample, researchers began by undertaking X-ray fluorescence testing of the remaining

sarsens at Stonehenge. Tests revealed that most shared a similar chemistry and came from the same area.

They then analysed sarsen outcrops from Norfolk to Devon and compared their chemical composition with the chemistry of a piece of the returned core.

English Heritage said the opportunity to perform a test on the core proved "decisive," as it showed its composition matched the chemistry of sarsens at West Woods, just south of Marlborough.

Prof David Nash from Brighton University, who led the study, commented: "It has been really exciting to harness 21st century science to understand the Neolithic past and finally answer a question that archaeologists have been debating for centuries.

"Each outcrop was found to have a different geochemical signature, but it was the chance to test the returned core that enabled us to determine the source area for the Stonehenge sarsens."

English Heritage's Susan Greaney added: "To be able to pinpoint the area that Stonehenge's builders used to source their materials around 2,500 BC is a real thrill.

"While we had our suspicions that Stonehenge's sarsens came from the Marlborough Downs, we didn't know for sure. With areas of sarsens across Wiltshire, the stones could have come from anywhere.

"They wanted the biggest, most substantial stones they could find and it made sense to get them from as nearby as possible."

Ms Greaney added the new evidence highlights "just how carefully considered and deliberate the building of this phase of Stonehenge was."

One website for Stonehenge states it was "constructed in three phases. It has been estimated that the three phases of the construction required more than thirty million hours of labour.

"Speculation on the reason it was built range from human sacrifice to astronomy...

"Stonehenge is probably the most important prehistoric monument in the whole of Britain and has attracted visitors from earliest times. It stands as a timeless monument to the people who built it.

"The Stonehenge that we see today is the final stage that was completed about 3,500 years ago."

Located on Salisbury Plain about eight miles north of Salisbury, Wiltshire, Stonehenge was built between 3,000 and 1,520 BC, during the transition from the Neolithic Period to the Bronze Age.

The name of the monument probably derives from the Saxon "stan-hengen," which meant "stone hanging" or "gallows."

Along with over 350 nearby monuments and ancient earthworks consisting of a circular bank and ditch, Stonehenge was designated a UNESCO World Heritage site in 1986.

Stonehenge is owned by the Crown and managed by English Heritage. The surrounding land is owned by the National Trust. ■

'Dead' gander's return is no flight of fancy!

By Gina Lorraine Murray

As Spiritualists, we are privileged to know that just like humans, animals also survive death and often return to their human companions after passing on.

Below, medium Gina Lorraine Murray tells her psychic story and cites just a few of the pets who have returned through her gift including a much-loved "dead" goose.

I AM 51 years young later this month and share my life with Toby (a human), along with Hungarian Vizslas Rubin and Ilka, working sheepdogs Gwen and Bryn, Balinte, Matty, Aalaya and Marble... and that's not to forget farm cats, Ginger puss, Blackie, Jack and Patrick, two geese called CB and Fizz, Scrumpy the horse and Minnie, a pony.

We all live not far from the Brecon Beacons in stunning countryside, although I was born and brought up in Somerset and then spent my teenage years and early adult life in the New Forest.

I've been incredibly fortunate to have many experiences with animals from an early age. My mother was often sent animals from the local vets that needed healing and rehabilitation, as she is an incredible healer.

My first career was with horses before I went on to study complementary health practices, which I have often used on animals – and even a fifteen-foot python.

Additionally, for many years, I've been treating people mainly with massage, reflexology, colonic hydrotherapy, spiritual healing, etc.

I cannot remember the first mediumship I did with animals, as I have been able to see and feel them on the Other Side for many years.

However, I had been studying animal communication and asked friends to send me photos of various pets, so I could practise. A few days later a selection of photos arrived.

Some of the animals I had

met and knew a little about. One photo showed a ginger cat. I sat quietly to tune in and the next thing I knew I could see this cat beside me.

He then stated that he had passed over from cancer and made me feel it in my stomach area. I will admit I was convinced

I had got this wrong.

Anyway, he continued giving me images of his owner's home and all she had done for him, and even let me know that he was with an elderly lady who had not long passed over.

I called my friends convinced I had gone well off track. However, it turned out it was all correct and they had deliberately put the photo in of this cat, as they were sure I could do it.

I then asked lots of other friends to send me photos of their pets that had passed on. Initially, I guess I was working from a psychometry angle, but then started to notice that I was becoming more aware of animals sitting beside me as I was linking in with them.

A few years later whilst trying an exercise on psychic development within a group, I suddenly became aware of a West Highland Terrier standing beside me.

When I told the man I was partnered with, he burst out crying, as it was his dog. The dog then showed me lots of images, which I relayed... and they were all spot on!

From that moment, I have always given animals their chance to come through during readings and give as much information as they are able to.

I'll be honest: they are sometimes more chatty than people and will often lighten the energy in the room for humans then to come through.

Further back, when I was ten years old, I had a very vivid dream. During it, all the animals and pets we had who'd passed over let me know that they were well, healthy and happy, and in the same place where we will all go.

I remember telling my mum the next day that we would see them all again, but it was not until I was eighteen that I entered a Spiritualist church



GINA LORRAINE MURRAY: "I've been incredibly fortunate to have many experiences with animals from an early age." Here Gina spends some magic moments with Rowan. (Photo: Jo Lord)

and saw a demonstration of mediumship for the first time.

Many years later, after studying various therapies, healing and mediumship, I am almost a full-time medium and now realise it was always going to be my path. Here is just one of my stories.

I was in the middle of a reading. The young woman in front of me sat quite composed as I relayed information from a dearly loved brother who had passed over a year before from a tragic accident.

He made it clear that he was well and still very much part of the family's life by giving information of their daily activities to prove he had been with them. I was aware how calm his sister was as he spoke of personal experiences and she confirmed the evidence he was giving.

Out of the corner of my eye, I became aware of another presence right beside her, nestled close to her leg. I could see a brown goose – a gander to be precise.

This bird made it very clear to me that he wanted her to know he was there. I rather sheepishly said there was a gander standing right beside her and that was it – all composure shot out of the window and she was in tears.

This extraordinary bird relayed a vast amount of information the same way a person does with images, feelings and words, not honks!

He spoke of spending much of his life indoors with her, that he had no interest in other geese and would sit on the settee cuddled up to her.

The gander added that he would have a paddle in the bath and go out for car drives. He spoke of a dog with which he was friends. The sitter verified all of this information.

The bird let me know the grief his passing caused to her and added that nothing could have been done to save him. He was a wonderful character with a sense of humour and an absolute love for this lady.

Once the reading came to an end, the sitter said that the weight of his passing had lifted from her and how excited she felt to know he was all right.

She left feeling happier and more uplifted than when she walked in and now knew that both her brother and feathered friend were very much alive and well.

Due to my childhood with animals, I feel that they find it easier to get their messages through, as they know I am willing to go with what I see and feel.

As a child, my mother was given Gale, a two-day-old cygnet to rear. This little ball of fluff stayed indoors, followed my mother everywhere and could not be separated from her. She used to lie next to mum in bed.

Gale even sat in a shopping trolley in Tesco whilst mum went shopping! Over time, she grew into a stunning swan.



GINA LORRAINE MURRAY: *Animals “stay linked to those they have loved and are still loved, and are there to meet us when we pass over.” Gina with Scrumphy the horse. (Photo: Jo Lord)*

Mum taught her to fly on the local reservoir by using a canoe to paddle like mad and Gale would start running to keep up.

That is another story, but my point is this: the goose mentioned before could relay information about his life because in my mind it was not daft to have one living indoors. Therefore, I didn't question what I was being given.

Animals of all species go to the same place as us. There is no question of that. They stay linked to those they have loved and are still loved, and are there to meet us when we pass over.

Given the chance, animals will communicate in the same way as our much-loved humans do when they pass over with thoughts, images and feelings. They do not need a person on the Other Side to help them communicate, as they are capable of doing it themselves.

More often than not, when someone comes for a reading I will see their animals walk or fly besides them before I notice any people. Animals have the most amazing energy and bring this to the reading with them.

They have unconditional love and have helped a person come through many times. Perhaps someone who has never communicated through a medium or was not the most communicative in life will be assisted by a much-loved pet to work it out.

I have been very fortunate to have horses show themselves, telling me stories of how their owner would cuddle them and spend ages chatting to them quietly.

Some have mentioned how their owner would sit on them bareback, still have their saddlery and rugs, and various photos of them on display.

During readings, dogs sometimes run

in letting me know that they are still missed or that they prefer the photo of when they were young and that's how they want to be remembered.

Some mention that tucked in a drawer is their collar and lead, that they were buried in the garden and lovely flowers grow there, etc.

They often talk of when they had to be put to sleep and that it was the right time to do so. Dogs and cats explain that they knew they would be going over and have given their owner several days to come to terms with the idea.

Often we hold so much guilt about having our pets put down, but it can be the kindest act we give to them when they are suffering.

My horse had to be put to sleep fifteen years ago when aged only eight. As he passed over, I could see him gallop across the field looking as he had done when he was about five years of age and in perfect health.

For several days he let me know he was all right and well, and his little Shetland pony companion could still see him.

All these years later, Stubby will stand close to me and send images of his friend in the other world. He has not forgotten him.

There are many times when animals we share our lives with are closer to us than the people around us.

Sometimes the only friend a person has is their animal companion. The loss of this can be as heartbreaking and painful as the death of a relative.

There can also be such a heavy weight of guilt surrounding their passing, which adds to the grief. Happily, this can be lifted once an animal has had the opportunity to communicate their love and relay their messages. ■

• For further information about Gina, please visit: www.ginalmurray.com or tel: 07812 035459.



GINA LORRAINE MURRAY: "Sometimes the only friend a person has is their animal companion." (Photo: Jo Lord)

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Chess champion makes right move buying bookshop

PSYCHIC NEWS REPORTER

London's oldest bookshop specialising in new, secondhand and antiquarian titles in the mind, body and spirit field, Watkins Books was founded over a century ago. After going into administration, it was saved by Etan Ilfeld, who is now its owner and managing director.

According to Wikipedia, the first biography of Aleister Crowley recounts a story of the so-called Beast making all the books in Watkins magically disappear and reappear!

Below, Etan answers a series of questions, beginning with "What first sparked your interest in the paranormal and esoteric issues?"

MY mother is an astrologer. I was exposed to esoteric topics from a very young age.

Do you believe in life after death? If, so what convinced you?

I do, but I don't have any particular proof. It's a belief.

Where were you born and when?

Los Angeles, California, in 1977.

Can you describe your background?

I played a lot of competitive chess as a kid and won the US Junior Championship for age eleven.

In university, I double-majored in maths and physics. I grew up back and forth

between the USA and Israel, moved to the UK for a master's degree in my late 20s and fell in love with London.

Likewise, can you whizz through your CV? I see from the internet that you are a chess master, Stanford physics graduate, film producer and gallery owner.

I'm a cultural entrepreneur and only work on projects that I am passionate about and which I think can make a positive impact.

That has led me to produce several films and run an art gallery for over a decade. Now my biggest passion is to publish and celebrate inspiring books.

Is there any common ground between physics and the supernatural?

I certainly believe so. Physics keeps expanding and discovering new phenomena. I'm publishing a science-fiction novelette that I co-wrote which combines physics and the supernatural.

It's called *Duchamp versus Einstein* and involves an omniscient being who visits Earth and influences the lives of Duchamp and Einstein.

Born in 1887, Henri-Robert-Marcel Duchamp was a French-American painter, sculptor, chess player and writer, whose work is associated with Cubism and conceptual art.

Albert Einstein, who was born one year later, was a theoretical physicist, who developed the theory of relativity. His work is also known for its influence on the philosophy of science.

When did you first hear about Watkins Books?

I learned about Watkins after moving to Soho in Central London in 2007. It reminded me of the Bodhi Tree in Los Angeles – another great bookstore that unfortunately has now closed – which my mum and I used to visit.

Is it correct that you purchased the company around ten years ago when it went into administration citing poor trading and a half a million bill for Capital Gains Tax?

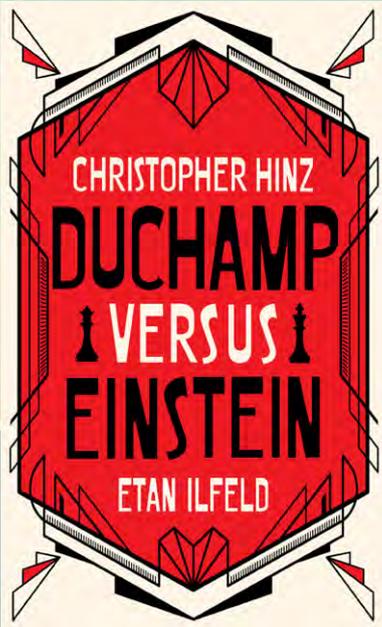
Yes, that's right. I see myself as a custodian of sorts whose responsibility it is to ensure that the bookstore thrives for a long time to come.

How have you managed to turn an ailing business around?

Community is the key to a successful business. We started doing free book signings every Thursday and filming them



ETAN ILFELD: "My biggest passion is to publish and celebrate inspiring books."



CO-WRITTEN with Christopher Hinz, "Duchamp versus Einstein" combines physics and the supernatural.



WATKINS BOOKS moved to its present location in a pedestrian-only street in 1901. (Photo: Tom Morris)

for our YouTube channel.

Also, our meetup.com page now has over 2,600 members... and every talk is full these days! It's at <https://www.meetup.com/WatkinsBooks/>

Another major factor was launching *Watkins Mind Body Spirit* magazine and offering it free with any purchase over £25.00 at the store.

We also started publishing the Watkins 100 list, which became extremely popular. As the title suggests, this lists the 100 most spiritually influential living people, such as spiritual teachers and authors.

For readers outside London, can you describe Cecil Court?

It's a Victorian pedestrian-only street filled with wonderful bookshops and was the inspiration behind Diagon Alley in *Harry Potter*. It is a magical place.

The shop is slap bang in the middle of the West End and theatreland. However, because there's no traffic going by, once inside you would never think you were in one of the world's busiest capital cities.

Could you give some background about Watkins Books, such as when it was founded and by whom, etc?

John Watkins started publishing his catalogue in March 1893 and sold a variety of new and old books.

In 1901, he moved the store from 26 Charing Cross to its present location at 19-21 Cecil Court. Later on, he became a publisher and even published Carl Jung's first book in English.

It seems that John Watkins was a friend of Russian occultist, philosopher and author Madame Blavatsky, who co-founded the Theosophical Society in 1875.

To today! Approximately how many books does the shop have on display?

I'm not sure, but it's a lot. I would guess around 50,000 books.

Can you list some of the main subjects books in the shop cover?

Magick, non-duality, Theosophy, Zen, meditation, psychology, astrology, self-development and the paranormal. We'd love to welcome readers of *Psychic News* to come and take a look!

Is there a large secondhand section?

Yes. Secondhand books are sold alongside new books and feature discount stickers on their spine, so a bargain is easy to find.

Do people from all over the world visit Watkins?

They sure do. In fact, there is a collector in Romania who comes to buy books once a year from us and leaves with about 300 each time!

Does the shop offer a mail order service?

We no longer have a mail order service except for *Watkins Mind Body Spirit* magazine.

What else does Watkins sell apart from books?

A wide selection of amulets, crystals and tarot decks.

These days, people can read books on PCs, mobile phones, tablets, etc. Do you think there is something really special about physically holding a book to read? What's the exact appeal?

Nothing beats sitting down and enjoying the tactile feeling of a printed book as you read it and turn the pages, etc.

On top of that, if you're reading a secondhand book, it's also interesting to imagine the kind of people who once owned

and read it, too.

Does Watkins offer anything online?

We have an online academy for courses at watkinsacademy.com The Watkins Academy provides certificates for courses varying from clairvoyance and astrology to rituals and psychic protection.

Watkins also publishes books. Again, can you list some of the subjects featured?

We publish a wide range from meditation and yoga to psychology and Zen as a sort of microcosm of the bookshop.

Recent hits include *Splendor Solis* (a beautiful reproduction of a medieval alchemical manuscript), *Essential Path*, by American author, actor, screenwriter and speaker Neale Donald Walsch, *Face Yoga* and the *Wisdom of King Solomon*.

As *Psychic News* reported (September 2019), we've also published medium Claire Broad's book *What the Dead are Dying to Teach Us*.

How many titles does Watkins publish a year?

About 50 books a year.

Once a manuscript is handed over, how long does it take until it appears in shops?

From contract to publication generally takes around twelve months. The final manuscript is usually approved about eight months before it appears in shops.

Whereabouts do you live in London?

I live in Angel, North London, which is in sync with the city of Los Angeles, where, as explained, I was born.

■ **Watkins Books' website is at watkinsbooks.com Tel: 020-7836 2182.**

SINGER HAS CAPITAL ENCOUNTER WITH PHANTOM

SINGER Robbie Williams continues to make headlines with accounts of encountering apparitions.

As *Psychic News* told (July 2019), the former Take That member described seeing spirit forms as a child.

A lead story in the *Daily Star* used one-and-a-half-inch deep capital letters to announce “Robbie: Evil ghost drove me to brink of suicide.”

Inside the paper, Robbie said that towards the end of his first stint with the group, “creepy spirits” regularly visited him. He was then living with a girlfriend in NW London’s exclusive St John’s Wood.

“We moved into this house,” said the 45-year-old. “Instantly, I picked up on it being weird and dark, and having an energy.

“I was 20 or 21 at the time. The first time it manifested itself into something I’ll call physical, I was leaving to go to the gym.

“I said, ‘See you later, babe.’ Then out of nowhere the ghetto blaster came on and music started.

“I went to the gym and had a weird time too. I was doing a lot of coke at the time, so was attracting negativity, let’s say.

“I’d be in the house and see footsteps go up the stairs. I’d be like, ‘Did anybody else hear or see that?’ Then it got progressively worse.” His then girlfriend “was seeing it. She thought it was her grandad.”

When Robbie got in his car, “whatever it was would jump in the back seat. It sort of got darker and darker and darker and darker and darker.”

Robbie became so unnerved by the experiences that it got to the point where he thought, “If this stays with me, then I’m going to commit suicide.”

On a podcast, the singer revealed that he moved his daughter Teddy, then aged six, out of her bedroom at their home in Wiltshire because it was “scary.”

He also claimed that he was haunted as a child whilst living in the family pub in

Stoke.

In a separate development, Robbie told the *Daily Mirror* that he was likewise haunted in a house he rented from *Ghostbusters* star Dan Aykroyd.

Robbie felt terrified as soon as he entered the mansion, which was once home to The Mamas and the Papas singer Cass Elliot. She passed from heart failure in 1974 aged 32.

Some years ago, he rented the Los Angeles property for three months, and said it was “completely and utterly haunted.”

After he moved in, Robbie told the spirit being he sensed there: “I know that you are here and I am going to respect your space. I please ask you to respect mine, as I am scared of you.”

Robbie added: “My friend who I was living with at the time came down. He’d just had a shower and was white.

“I said, ‘What’s up?’ And he said, ‘I’ve just had a conversation with someone who wasn’t there.’”

When The Mamas and the Papas hit *California Dreamin’* played on TV one night, the atmosphere in the room changed and “there was this silence I’ve never experienced before or since.”

On her Alien Nation podcast, Robbie told Jo Wood – the ex-wife of Rolling Stone Ronnie – that his wolf puppy Sid began whimpering and refused to stay in the room.

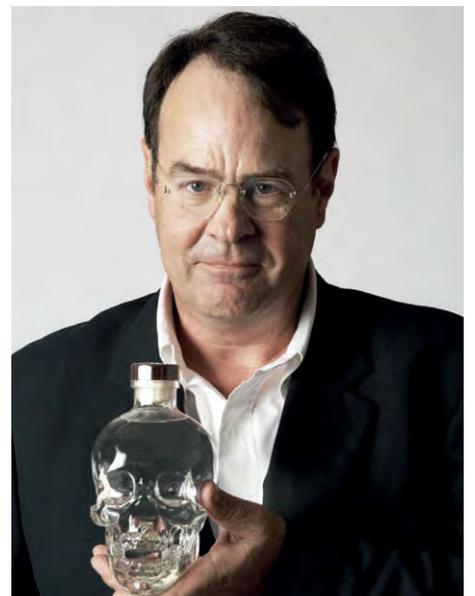
Robbie added that he spoke to Zak Starkey, who lived there as a child with his father Ringo Starr.

Zak told Robbie: “I hear you’re at the old house. Have you met the kids yet? We used to play with them when we were little.”

When Robbie left the property, the removal men refused to go back inside “because of the old lady sitting in the chair.”



ROBBIE WILLIAMS: A property he once rented was “completely and utterly haunted.”
(Photo: Drew de F. Fawkes)



DAN AYKROYD: “I saw things moving around, and doors opening and closing.”
(Photo: Crystal Head Vodka)



THIS representation shows a UFO hovering over a forest.



THE Mamas and the Papas singer Cass Elliot is thought to haunt her former home.

Dan Aykroyd has previously said the house was haunted, and that it inspired him to co-write the 1984 film *Ghostbusters*, in which he also starred.

He once commented: "I'm sure it's Mama Cass. You get the feeling it's a big ghost. I had several experiences. I saw things moving around, and doors opening and closing.

"The staff also had experiences, direct contact in terms of tactile touching, and then turning around and there's no one there."

Another celebrity who made news on Jo Wood's podcast was Pixie Geldof. The singer and model, who is one of Bob Geldof's daughters, was out with a friend in Rome when she spotted what she believes was a UFO.



PIXIE GELDOF: "My friend and I convinced ourselves that we had seen a UFO."

"I've seen odd lights," she said. "I remember recently, maybe like two years ago, I was in Rome and there was a really weird star next to the moon.

"I've never seen a star right next to the moon. My friend and I convinced ourselves that we had seen a UFO."

Pixie, 29, whose "dead" sister Peaches also took an interest in the paranormal, said she believed in aliens, and that if they contacted her, she would try to be friends with them.

The singer added: "When people are like, 'We're alone in the universe,' that's insane. It goes on forever.

"I don't think I'd be scared. For starters, I'd be like, 'I was right; you're here.' I would want to be friends with the alien." ■



Court rules against company

A RUSSIAN man has won thousands of pounds in compensation after a "magical" organisation failed to get his estranged wife to return to him.

Referred to as M. E. A. in court records, the husband was awarded 400,000 roubles (£5,020) after a court ruled that The Sixth Sense company had not kept their side of the bargain, having failed to reunite him with his partner.

The firm convinced the man that they had "magical and sensory knowledge," which would help to bring his estranged partner back.

However, the woman did not return. After asking for a refund, the claimant sued the company.

From the Siberian city of Omsk, the husband broke up with his wife in August 2017. The following month, he saw a television advert for the firm offering the service of returning "wives and beloved women."

It also reportedly offered the additional service of lifting "the evil eye" and "ancestral curses."

After meeting with the company's director, the man agreed to a contract for 260,332 roubles (£3,287) in return for his estranged wife.

Although the claimant fulfilled his side of the deal, the Kuibyshev District Court of Omsk found no evidence that The Sixth Sense had provided the services it promised. The company did not appeal against the decision.

Russia's *Rambler News* said that various clairvoyants have been gaining popularity in the country partly due to the success of TV shows such as *Bitva extrasensov* (*The Battle of extrasensory*), a psychic challenge competition which has run for nineteen seasons. ■

To celebrate acts of

LOVE

DURING the ongoing coronavirus pandemic, on TV we have all witnessed various displays of love, such as someone shopping for a lonely, elderly self-isolating neighbour or a nurse tenderly holding the hand of a patient about to pass on whose relatives were not allowed to visit him or her.

To celebrate such kindly acts, here is a selection of quotes on love, which is, of course, at the very heart of human and animal spirit return via mediums. Some of the comments are romantic whilst others could be termed sardonic. Into this category comes one from Joan Crawford, the star of such films as "Mildred Pierce" and the psychological horror thriller film "What Ever Happened to Baby Jane?"

TO see the universal and all pervading spirit of truth face to face, one must be able to love the meanest of all creation as oneself – Mahatma Gandhi.

Romance is thinking about your significant other when you are supposed to be thinking about something else – Nicholas Sparks.

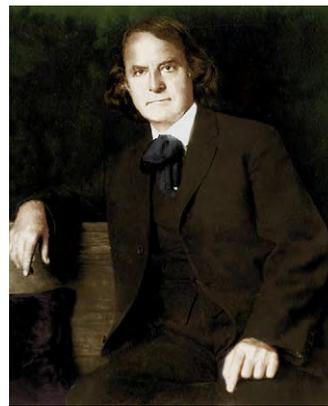
Until one has loved an animal, a part of one's soul remains unawakened – Anatole France.

Love and desire are the spirit's wings to great deeds – Johann Wolfgang von Goethe. (Pictured below)



{Painting: Karl Bauer}

Love is when the soul starts to sing and the flowers of your life bloom on their own – Rabindranath Tagore.



A friend is someone who knows all about you and still loves you – Elbert Hubbard. (Pictured above)

The path to love is our spiritual destiny – Deepak Chopra. (Pictured below)



(Photo: Mitchell Aidelbaum)

Each of us are angels with only one wing and we can only fly by embracing one another – Luciano De Cesenz.

It is love alone that leads to right action. What brings order in the world is to love and let love do what it will – Jiddu Krishnamurti.



Sometimes love means letting go when you want to hold on tighter – Melissa Marr.

Love is needing someone. Love is putting up with someone’s bad qualities because they somehow complete you – Sarah Dessen. (Pictured below)



(Photo: 2017 Larry D. Moore)

Love all, trust a few, do wrong to none – William Shakespeare.

The heart was made to be broken – Oscar Wilde.



(Photo: Nobel Foundation)

Another reason why we must love our enemies is that hate scars the soul and distorts the personality – Martin Luther King Jr. (Pictured above)

And now these three remain: faith, hope and love. But the greatest of these is love – 1 Corinthians 13:13.

The heart is the toughest part of the body. Tenderness is in the hands – Carolyn Forché.

Love is a fire. But whether it is going to warm your hearth or burn down your house, you can never tell – Joan Crawford. (Pictured below)



Hate the sin, love the sinner – Mahatma Gandhi. (Pictured below)



(Photo: Manfredo Ferrari)

I am not sure exactly what heaven will be like, but I know that when we die and it comes time for God to judge us, He will not ask, “How many good things have you done in your life?”

Rather He will ask, “How much love did you put into what you did?” – Mother Teresa. (Pictured above)

Continued next page



To celebrate acts of



LOVE



(Photo: Napoleon Sarony)

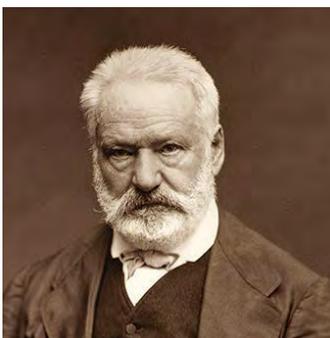
To love oneself is the beginning of a lifelong romance – Oscar Wilde. (Pictured above)



(Photo: Mike/Fame Pictures)

Don't cry over someone who wouldn't cry over you – Lauren Conrad. (Pictured above)

To love another person is to see the face of God – Victor Hugo. (Pictured below)



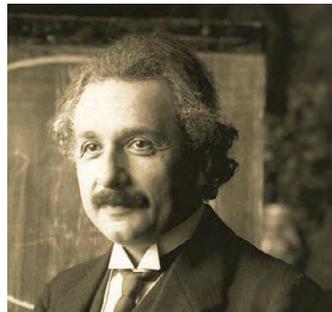
(Photo: Étienne Carjat)

Since love grows within you, so beauty grows. For love is the beauty of the soul – Saint Augustine. (Pictured below)



Painting: Philippe de Champaigne

When you trip over love, it is easy to get up. But when you fall in love, it is impossible to stand again – Albert Einstein. (Pictured below)



(Photo: F Schmutzer)

Romance is the glamour which turns the dust of everyday life into a golden haze – Elinor Glyn. (Pictured below)



(Photo: United States Library of Congress)



Don't waste your love on somebody who doesn't value it – William Shakespeare. (Pictured above)

He who is filled with love is filled with God himself – Saint Augustine.

I believe much trouble would be saved if we opened our hearts more – Chief Joseph.

Love is composed of a single soul inhabiting two bodies – Aristotle.

Human beings must be known to be loved, but Divine beings must be loved to be known – Blaise Pascal. (Pictured below)



Love is not a matter of counting the years, but making the years count – Michelle St Amand.

To love is to find your happiness in the happiness of others – Gottfried Wilhelm Leibniz.

To give all, to sacrifice all without expecting to get anything in return: this is love – Albert Camus.

There is only one happiness in life: to love and be loved – George Sand.

Have enough courage to trust love one more time and always one more time – Maya Angelou. (Pictured below)



A loving heart is the truest wisdom – Charles Dickens. (Pictured below)



(Painting: E. Goodwyn Lewis)

The best love is the kind that awakens the soul, that makes us reach for more, that plants the fire in our hearts and brings peace to our minds – Unknown. ■

“

Only by meeting, talking, sharing and having respect for each other can we hope to build a world of lasting peace, real progress and enduring happiness and prosperity for the majority rather than just the super-rich, the aristocracy and the powerful

”

on a society they thought would be taken over by the despicable Nazi philosophy.

Seeking to draw on the depths of mankind's ignorance and prejudice is the hallmark of intolerance. Friends and neighbours of many years' standing are suddenly seen as objects of scorn and derision; the source of many or even all problems in society.

Think of those who had lived and worked in this country and been seen as welcome members of the community, whose background lay outside the UK. Italians and others found themselves locked up, suddenly seen as "enemies within", interred and treated as the lowest of the low.

Yet, when the war ended and new alliances were forged, particularly across Europe, we were able to re-establish a closeness with our old friends, in the realisation that people are worth far more than political ideologies or religious doctrines.

Oswald Mosley and his British Union of Fascists were pushed out, to become footnotes in the pages of history. Just 84 years ago, in Cable Street, East London, a huge combination of groups successfully prevented the blackshirts, as the fascists were known, from marching through one of the capital's largest Jewish communities by insisting, "They shall not pass."

Is it time to re-assemble a coalition that will once again say, "They shall not pass" to the increasing numbers who seek to perpetrate and encourage division, prejudice, separation and continuing persecution?

Such views are expressed at all levels of political society and in most countries. One very vocal high-profile politician talks of building a wall to keep countries and peoples apart, to divide and separate. Was not the wall through the great city of Berlin enough? Have we learned nothing?

Does anyone in their right mind truly think that such a method can have real and lasting value? Only by meeting, talking, sharing and having respect for each other can we hope to build a world of lasting peace, real progress and enduring happiness and prosperity for the majority rather than just the super-rich, the aristocracy and the powerful.

Our media tell us that since the referendum vote, outpourings of hate and vitriol have shown a marked increase. How a person looks, the language they use, if they have a long beard, their accent, their clothing – all of these and more are now used to spark words and actions that defy any sort of logic in their savagery and malice.

I deeply regret the Brexit result but it



CABLE STREET mural painted by Dave Binnington Savage, Paul Butler, Ray Walker and Desmond Rochfort between 1979 and 1983 (Photo: Jo Marshall)

has happened. What it actually means or will come to mean for Britain remains to be seen. People voted "out" for many reasons, some with valid concerns about our future as a nation, others because they felt the European Union had not succeeded in its aims.

There were some whose decision was based on lack of understanding, others because of what is now seen as misinformation and even lies and prejudice. But we are where we are and must start from this time and this place. Wishing won't change the vote.

What we must ensure is that what emerges is good for the many, not just the few; that it encompasses vision, compassion, fairness and opportunity for all; that it opens up our thinking not narrows it so that we become blinkered and introspective.

The future of many of those living in the UK is being questioned. Here, in my area of Devon, in south-west England, there have long been strong Polish connections. These extend back to war-torn Britain when many Poles came to find refuge and indeed to fight (some as pilots) for the future of their homeland and ours.

In recent years, many more Polish citizens have moved here to make their homes, develop their careers and raise their families. These hard-working people have become the centre of bitter

controversy, some being verbally and physically attacked as they go about their normal lives. Anyone seen as not true-blue "English" (rather than British) can be subjected to abuse.

I heard of a Swedish mother, who has lived in the UK for some years, being shouted at by someone, when he heard her speak Swedish to her children outside their school: "We speak English in this country!" (Not sure how he would have fared with some of my Welsh compatriots if they spoke their native tongue!)

Of course, many of these "incomers" speak better English than some of the "natives"!

No doubt many of you have friends and neighbours, work colleagues, etc, who hail from outside the country in which you live. Most of them will be pleasant, friendly, hard-working members of society. Certainly, few of them will be as unfriendly, prejudiced and bigoted as a seemingly-increasing number of home-grown Brits.

So, to that wedding in Poland. The participants were a lovely young couple who lived near us for a couple of years. When they decided to marry, despite having moved, they invited us to their wedding and we were pleased to confirm we were free that day.

They also said it would be in a lovely

setting in the country. Then they told us which country! Still keen to be there, we booked our flights. We flew out to be met by someone who had driven for two hours to pick us up.

We enjoyed a wonderful time at the wedding. Moreover, we met with such friendship, care and concern that our trip was an absolute joy! No malice, no prejudice, nothing but the warm hand of friendship, smiling faces and laughter as we tried to communicate.

Yet again we saw that what unites people vastly outweighs what divides them. Would that this lesson could be learned by politicians, religious and secular leaders, and every citizen of this land that I have always seen as a model of tolerance.

The wedding ceremony was, of course, a Catholic one. So not only were we unfamiliar with the format, we couldn't understand a word! At one point the singer/organist began a tune my wife and I recognised, eventually identifying it as an ABBA song.

Here was an interesting case of taking something already well-known and popular and modifying it to suit their own purposes. A bit like using the winter solstice to mark a special event in a new religion. Clever thinking.

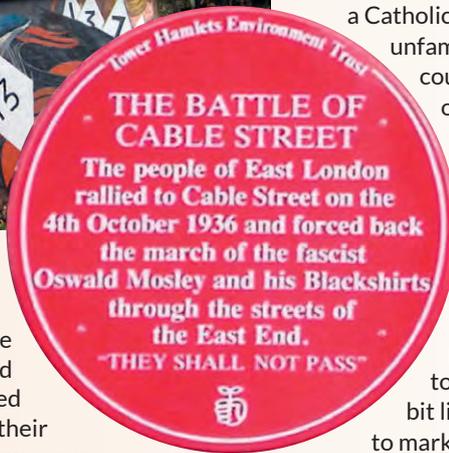
Speaking to some younger members of the congregation, I asked about their view of the Catholic church's power over Polish society, its politics and so on. Most had drifted from the church orbit. "So why did you all kneel to pray and make the sign of the cross repeatedly?" I asked. "Out of respect for where we were," was the reply. Respect – what a wonderful response.

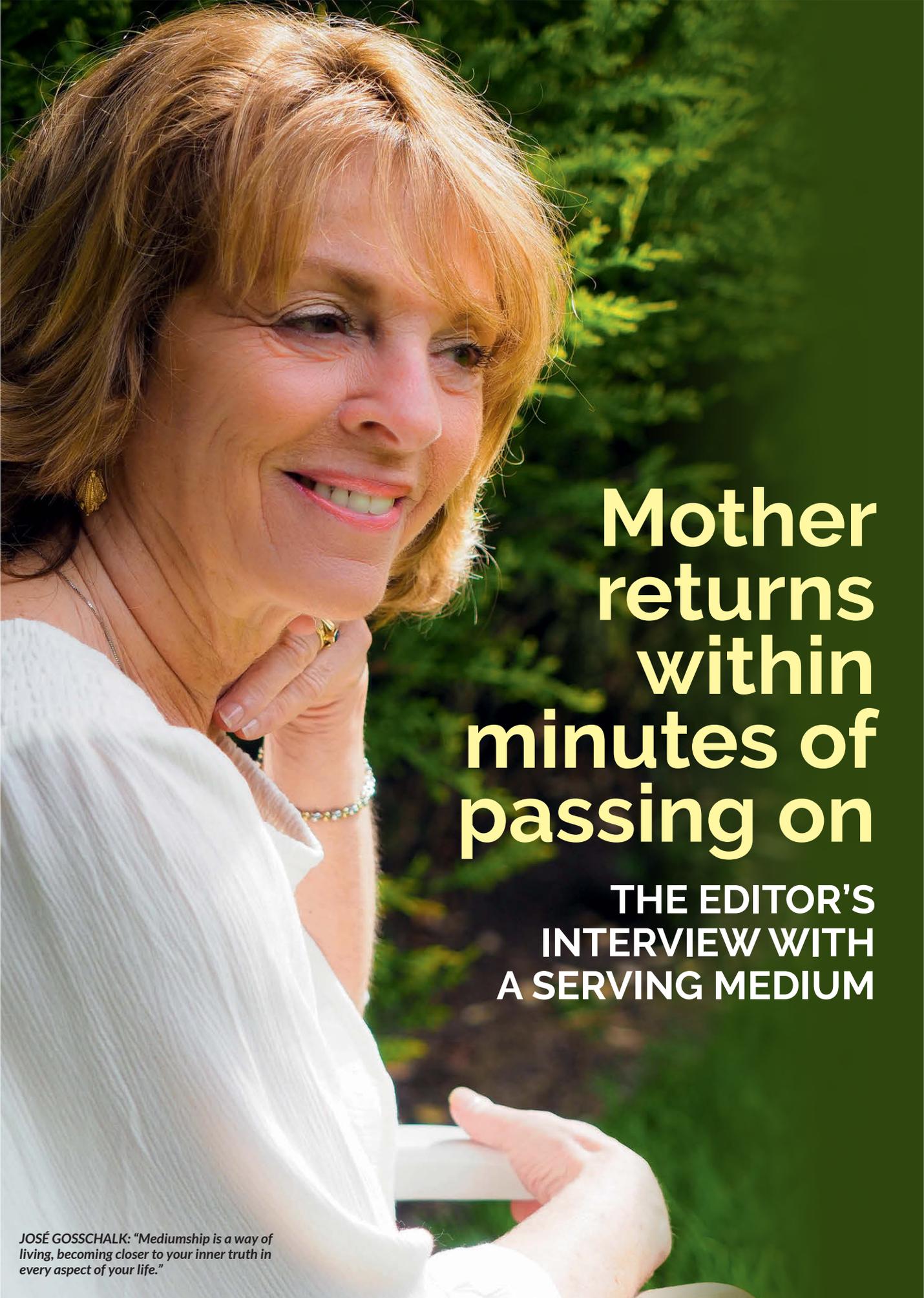
Let's learn a lesson from those young Polish men and women, whichever country we live in. Whilst we may not agree with an individual, a political case or a religious philosophy, we can still have respect – for the cause and the individual.

Starting with respect we can begin to bring about the end of bigotry and prejudice. We may be a long way from love, but we can start by ending the hatred. ■



David Hopkins is a Spiritualists' National Union minister, author and broadcaster.





Mother returns within minutes of passing on

THE EDITOR'S
INTERVIEW WITH
A SERVING MEDIUM

JOSÉ GOSSCHALK: "Mediumship is a way of living, becoming closer to your inner truth in every aspect of your life."

Let's go Dutch and meet medium José Gosschalk, who lives in Holland. As well as being a tutor for the Arthur Findlay College, José holds the Spiritualists' National Union's certificates of recognition for the demonstration of evidential mediumship and public speaking.

The first point put to José was "According to the internet, 'With only 32.2 per cent of the Dutch currently adhering to a religion, the Netherlands is one of the least religious countries in Europe.' Does this mean that there isn't much interest in Spiritualism, mediumship and the afterlife?"

I THINK it is just the opposite, although religions can have a bad name in Holland. They always fight about who's right and people start to realise that this has not too much to do with the spirit behind all religions.

The masters and saints on whom religions are based were enlightened. They looked for the kingdom of God within and realised that the outside world is just a projection of the inside mind.

Today, all the world's esoteric religions tell the same story. Buddha went within, Jesus went to the desert for 40 days and was trained in esoteric knowledge, etc.

Religion in Holland hasn't gone, but just changed. The Dutch people look more and more towards meditation, mediumship training and so on.

They want to find the essence of religion deep within themselves, to realise that the ego is an illusion and there's just oneness and love at their deepest level. My colleagues and I are very busy in Holland.

Were you raised in a particular religion?

My parents were Jewish, but liberal and never forced a religion on me. After what happened to their families in the Second World War, they lost faith in religion and also in God.

Where were you born and when?

In IJmuiden on January 19, 1955. It's a small town near Amsterdam at the coastline opposite England.

Can you briefly describe where you live now?

I live in the woods very close to an old city named Naarden. It's one of only three cities in Holland which have their defence

walls still in perfect condition.

There are high walls around the city with water in between as an additional defence system.

What began your interest in Spiritualism and the paranormal?

I always loved yoga and practised it since I was eighteen years old. I also liked to read spiritual books.

However, it was not until I was 40 years old I heard about mediumship and that you could learn to develop it at the Arthur Findlay College. This immediately aroused my interest, so I flew to England.

The first week I spent at the college was in medium and tutor Paul Jacobs' group. I felt as if I had come home and the experience captured my heart.

In those days, I didn't know about Spiritualism, but loved listening to Paul Jacobs' stories about famous medium Gordon Higginson – that praying is listening in meditation and things like that. That really resonated within me.

Are you a full-time medium?

Yes – and I am very busy working six-and-a-half days a week. After Paul Jacobs told me to start as a professional medium in Holland, my private sessions were filled immediately. So were my courses.

Within a couple of years, I decided to start the Dutch Academy for Mediumship, which offers a three-year training course.

We integrate all the aspects of mediumship like philosophy, inspirational speaking, healing, sittings and public demonstrations. We also train our students in psychology, regression, ethics and meditation to become loving vessels to work for Spirit.

I've trained at least 400 students in this way. Lots of them are now working mediums in Holland and practising all the fields they were taught at the academy.

I thought that with time the number of students would decrease, but the opposite is true. It's busier than ever.

Fifteen years ago, we started to provide free spirit healing sessions at the centre once a month.

What jobs have you done in the past?

I trained as a teacher for young children, but quite soon started to sell second-hand furniture and clothes at

“
A good medium
always tries to
be connected
with the Source
”



THIS lovely oil painting of Naarden is by German-born artist Hermann Meyerheim (1849-1880) and shows market day. Hermann was one of the finest 19th century painters of marine and architectural views. He exhibited mainly in Berlin from 1864.

markets and then got my own shop in the city of Deventer at the age of 21.

When I met my husband, Karel, I worked with him. He owned restaurants, worked as an estate agent, sold spring water, etc.

What psychic gifts do you have? Where did you develop them?

I'm a mental medium, but I also love philosophy and inspirational speaking. Paul Jacobs was my main teacher. We just seemed to click and he took me under his wing. Paul is an excellent teacher to make you understand how the spirit world can best communicate with you.

What's the most satisfying aspect about being a medium?

I love every aspect of mediumship; it's just me. To be in the power is to be yourself. I also enjoy guiding students on their spiritual journey.

For me, mediumship is a way of living, becoming closer to your inner truth in every aspect of your life.

Do you have a family? If so, how do they regard your mediumship?

I'm the mother of two beautiful children. My husband worked as an andragoog (a sociologist/psychologist), and studied education theories at university.

One day, at my children's school the teacher asked, "What's the profession of your parents?" My daughter answered, "My mother speaks with dead people and my father entrances people."

Many children came to my house to see this remarkable family. For our children, what we do has always been quite normal, so they don't know anything different.

My husband has always joined and encouraged me in my development and came up with a structured curriculum to train students of mediumship at the academy.

Because of my development, he started to train as a medium and since then we've worked together.

I understand you run an Academy for Mediumship in the Netherlands. Can you tell me something about it?

I've already answered a little bit about the academy, which began in 2008. We train people to become good mediums.

During the three-year course, we focus on private sittings, public demonstrations, inspirational speaking and the philosophy of Spiritualism. There is a list of books about Spiritualism for students to study.

For example, they read books by or about Gordon Higginson, Arthur Findlay, Silver Birch, Maurice Barbanell, Paul Jacobs and Estelle Roberts. Outside the classes they work in little groups to practise as well.

Secondly, we prepare students to get



HERE are the headquarters of the Dutch Academy of Mediumship, which offers students a three-year course on Spiritualism and how to develop their psychic gifts.

ready for advanced courses at the Arthur Findlay College.

In your view, what makes a really good medium?

To build a bridge between the two worlds with information whereby a recipient is touched in the heart and given specific evidence. Let's bring the spirit world really alive!

I always enjoy working with Spirit. A good medium understands that we can live in the vibration of the spirit world.

We are spirit now, but unfortunately identify ourselves with our physical body and with the mind. A good medium always tries to be connected with the Source.

Can you recall an especially unusual spirit message you have relayed?

A lady came for a sitting. In the waiting room, her sister phoned her and told her, "Mum passed away just two minutes ago." Her mother had been in a coma for several weeks.

I came in to take her to a room for a sitting. When I asked her why she was crying, she told me her mother had passed away five minutes before, but insisted on having a reading. Her first contact was her mother, who was bright and alive.

I've contacted many people who came through before they were even buried, so it's not my experience that people have to get used to the spirit world before they can communicate.

Apart from the UK, which other countries have you worked in?

In Belgium, Italy, the USA and Ibiza. With running the academy, there's not much time for me to work abroad.

I had to choose between working around the world or guiding students to become professional mediums. I chose the second option.

The British are notoriously bad at learning other languages. How many do you speak?

I speak four languages. Apart from Dutch, at a reasonable level I also speak

“
When you bring
your attention
within, you are
in the now

”

German, French and English. I am slowly starting to understand a little Spanish.

If you had to choose another country to live in, which one would it be and why?

I am very fortunate to have an apartment on Ibiza. It's very close to the most famous rock of Ibiza, which is named the Es Vedra.

It has the second strongest electromagnetic field in the world. I love the vibration of this rock. It's so beautiful and peaceful.

Is there anything you particularly like about coming to the UK?

The UK has the best mediums in the world and you can be very proud of that. Also there's no place like the Arthur Findlay College.

Do you have any hobbies or special interests away from mediumship?

I like walking in the mountains or to be in my little gym at home. I also enjoy reading, watching a film, preparing a good meal and being with family and friends.

How do you relax at the end of the day?

Bringing the focus within always works for me to relax, not only at the end of the day, but I do it as often as necessary.

We focus so much on the mind, which always lives in the past or in the future, never in the now. When you bring your attention within, you are in the now.

What would be your perfect weekend?

At home with my children and husband cooking together and having all the time in the world to talk things through.

What's your philosophy of life in no more than two or three sentences?

Find the answers within yourself. Live focused on the heart. There is no need to search for it through courses, as it's already there.

To live from there doesn't cost anything. It has no shape or form, is not judgemental, and has no fears. There is no depression or burnout, etc. ■



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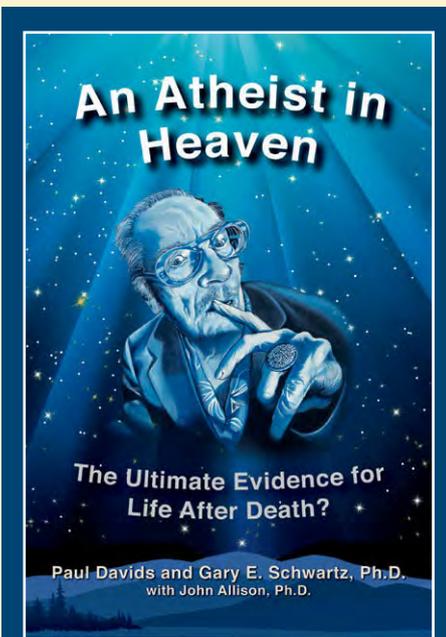
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BEYOND SCIENCE FICTION?

Mediums, professors and forensic tests offer powerful evidence of atheist's spirit presence



“

He has made his spirit presence felt in a way that has the stamp of his unique character: exactly what one would expect from a colourful personality with a quirky sense of humour and a love of word play and puns

”

HE WAS a giant of science fiction who loved writing about and producing magazines about other worlds and the creatures who inhabited them.

But Forrest J. Ackerman, whose many achievements included a 30-year editorship of *Famous Monsters of Filmland* magazine and coining the term “sci-fi”, did not accept the existence of a spirit world or of a Supreme Being.

He made no secret of his beliefs – or lack of them. Not only did he let it be known that he was an atheist, but Forry – as his friends and fans called him – also spelt out the absurdities, as he saw them, that would confront him if, on death, he were to exist in an afterlife with his wife, Wendayne, and her French lover Paul and his three wives.

Despite his ability to conjure up in his mind weird monsters and alien worlds, to the delight of thousands of followers, a spirit world and all the complicated relationships that he imagined would confront him made no sense at all.

His sentiments were humorously expressed in one of the letters he wrote to Wendayne after her death. These were private missives that were found in his archive that was sold at auction after Forry’s death in December 2008.

So imagine Forry’s surprise to discover that he was more than the flesh and blood he had inhabited for 92 years and that a spiritual component – his soul – had survived.

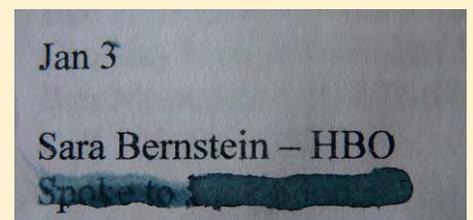
Once he had adjusted to this new life, he was keen to share news of his continuing existence with friends, particularly one man who he promised he would “drop a line” to from beyond the grave in the unlikely event that he *did* survive death.

But to do so convincingly, he realised he

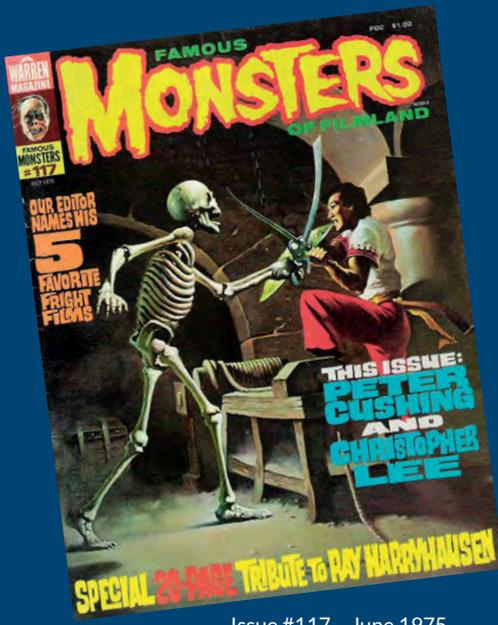
needed to devise methods and messages that would leave little doubt in the minds of those he was able to contact.

And that, according to Paul J. Davids, a writer, producer and director who was a close friend, is precisely what Forry has been able to do. He has made his spirit presence felt in a way that has the stamp of his unique character: *exactly* what one would expect from a colourful personality with a quirky sense of humour and a love of word play, puns and finding people’s names within other names or words, or spelling them differently, such as his own nickname which became 4E.

Davids first went public with this information in his 2013 documentary *The Life After Death Project*, which was shown on the SyFi Channel, and has now expanded on it in a 514-page book, *An Atheist in Heaven: the ultimate evidence for life after death?* (Yellow Hat Productions). It is co-authored by Dr Gary E. Schwartz, professor of psychology, medicine, neurology, psychiatry and surgery at the University of Arizona, and also includes an important contribution from Dr John



This obliterated line was the first sign that Ackerman was communicating from the next world.



Issue #117 - June 1975

Allison, a professor of chemistry at The College of New Jersey.

Dauids tells how, on 18 March, 2009, three months after Forry's passing, he printed a 24-page document and stapled the sheets together at his vacation home in Santa Fe, New Mexico. It was a log he kept for tax purposes, recording dates of business meetings and phone calls in 2008, which he intended studying in bed.

Two hours elapsed between printing the document, placing it on the bed, and doing other things taking a shower. On returning from the bathroom he noticed, as he picked up the papers, that the document "had four words on the first page blacked out precisely with ink or paint or something similar that was still moist".

Before taking a shower the document had been normal. There was no one else in the house. The print-out had been dry when he placed it on the bed. And yet the "crossing out" of the line seemed precise and specific; it wasn't an accidental smudge.

At that point in his life, Paul Davids was not a believer in the supernatural.

He spent days trying to come up with an explanation but failed. The more he thought about it, however, the more the finger of suspicion pointed to his discarnate friend, Forrest J Ackerman, being the culprit. The clues included the words that were deleted and the way in which they were obliterated.

But, first, let us allow Paul Davids to explain why Forry was so important in his life:

"I knew Forrest J Ackerman very well, having discovered him after I turned 11 in 1958. I learned of him through the pages of a magazine he co-created, edited and wrote: *Famous Monsters of Filmland (FMOF)*.



As well as editing 'Monster' magazines for 30 years, Forrest J Ackerman filled his home with artefacts from sci-fi films.

I met him five years later, in 1963, with his very creative and enterprising publisher, James Warren.

"The occasion was when Forry took a cross-country road trip to meet his fans, ending up at the World Science Fiction Convention at the Statler-Hilton Hotel in Washington D.C.

Friendship continues

"The man I idolised became a unique inspiration. I remained his friend till his dying night. I believe I have learned over the past eight years that friendship does not end with death."

Davids is aware that the sceptics will take a lot of convincing and one of the "explanations" they could offer is that his story is fiction, not fact: the product perhaps of an over-active imagination deliberately trying to fool the world.

For that reason, Paul Davids assures his readers that the book is the truth. "I do solemnly swear that it is all true,"

he tells readers. "There is no invention, confabulation, embellishment or exaggeration." And he reproduces a notarised sworn affidavit to that effect, dated September 11, 2015. So, whatever else it may be, *An Atheist in Heaven* is not a hoax.

Two of the four crossed out words – "Spoke to" – were readable but the other words were not. Once Davids checked the file on his computer to discover the obliterated name, the bizarre event took on far greater significance. The blacked-out words were "Joe Amodei", a reference to a New York DVD distributor Davids had spoken to only once. He knew little about him and had never met him.

Davids soon realised that it was typical of the play on words that Forry might come up with, because his best friend and carer for the last decade of his life was a guy named Joe Moe. The first names were the same, and "Moe" was contained within "Amodei". Was the *Monster* man letting



Prof Gary E. Schwartz

Prof Schwartz knew that he had spoken to his companion and carer from beyond the grave?

Before he could even entertain such an idea, the documentary filmmaker needed to explore every normal possibility there was to explain the obliteration of those words on the printed sheets.

First, he enlisted the professional help of a forensics professor, Dr Jay Siegel, chairman of the chemistry department of Indiana University–Purdue University, who examined minutely the document that had been tampered with, using gas chromatography techniques. Unable to duplicate the effect or identify the solvent used or to reproduce the obliteration marks, Dr Siegel persuaded a chemistry professor at The College of New Jersey, Dr John Allison, to submit the document to a laser desorption mass spectrometer examination.

Despite expecting to find a routine explanation very quickly, neither Siegel



Dr Jay Siegel

nor Allison and the students involved in the tests succeeded. How the obliteration occurred remains a mystery to this day, but Allison confirms that it was not accidental: the line was deliberately “targeted”.

This added weight to Davids’ theory that the deceased Forry was having fun with his old friends. To lend support to that argument, he needed to see if it was customary for the magazine publisher to obliterate – rather than put a line through – words he was editing out.

When his research failed to come up with a conclusive answer, because it was often unclear whether it was Forry or the publisher, James Warren, whose edits were on manuscripts, Davids turned to Joe Moe and asked him about having access to some of Forry’s editorial notations.

Before he could even make that request, Joe Moe said there was something he wanted to tell Davids. Days after a grand Hollywood tribute to Forry was held at the Egyptian Theatre (8 March, 2009),



Paul J. Davids

attended by or contributed to by some of the biggest names in science fiction, he had a dream that didn’t seem like a dream.

Joe told him it was like a super-conscious experience, something that left a stronger impression than reality itself, in which “Forry walked into his bedroom with a mischievous smile on his face, and it truly seemed as if he were really there. Forry said, ‘Hi pal, seen any good Hollywood tributes lately?’”

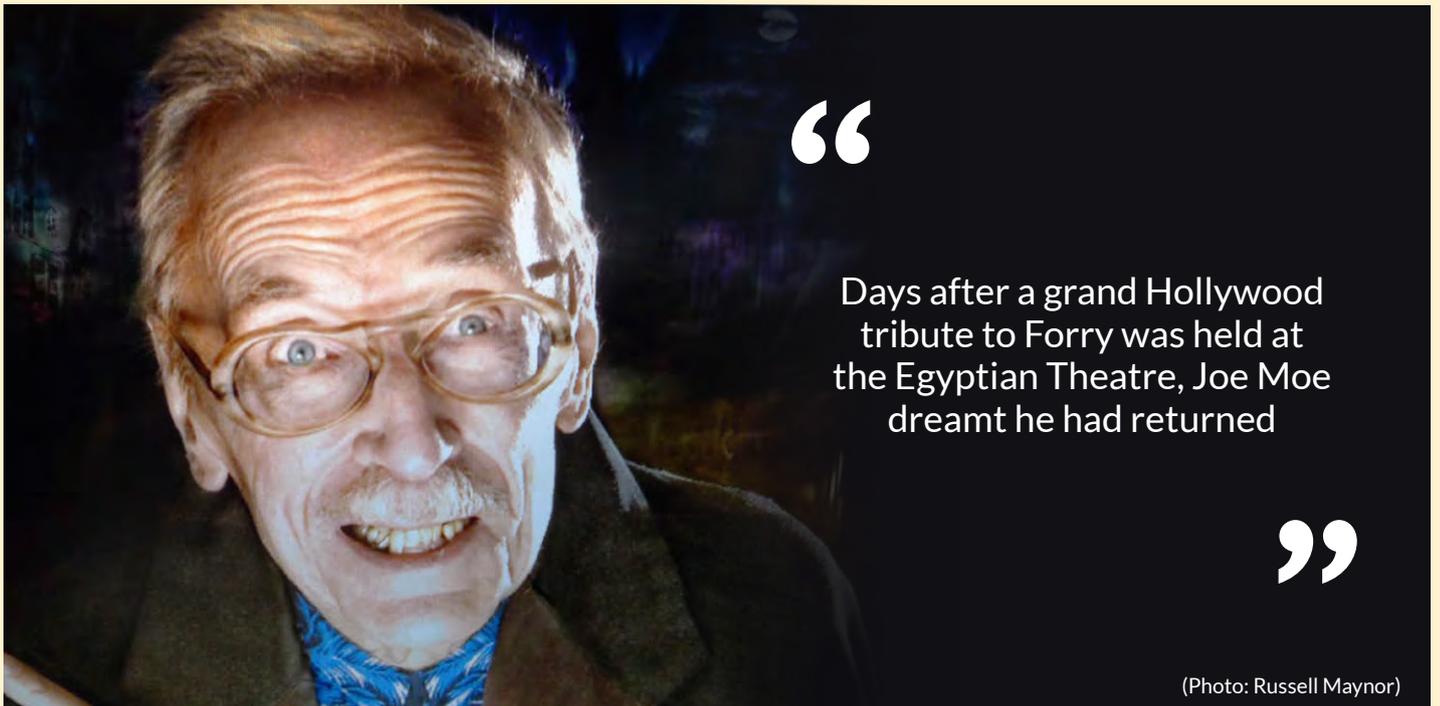
Joe responded, “Forry – were you there at the tribute, did you see it?”

“Oh, it was fair,” Forry replied teasingly.

This unsolicited revelation seemed to provide confirmation of the obliterated message: “Spoke to Joe [Moe] Amodei”, and Joe certainly felt that way. “I’m a sceptic, Paul, you know that, but it was as if Forry really came and spoke to me.”

Impressed, Davids concluded that his old friend was now “a spirit with a mission”.

That mission has apparently expanded to include a variety of interactions



(Photo: Russell Maynor)



Above: Prof John Allison carried out extensive tests on the document obliteration.

Right: Paul Davids and his wife Hollace, co-producers of "The Sci-Fi Boys" which featured Forry, with the Saturn Award they received for the 2006 documentary.



with our physical world and with items of equipment, providing a wealth of supporting evidence for the postmortem survival of Forrest J Ackerman.

What's more, these remarkable incidents, including the erratic behaviour of computer systems, have involved many others as well as Davids. Professors Siegel and Allison both experienced weird and unexplained incidents – one of which was caught on camera – whilst conducting tests on the obliterated print-out.

It seems that everyone who became involved in the quest to explain the "Spoke to Joe Amodei" obliteration began experiencing strange incidents, even though they were sceptical of the paranormal. Items would appear to be moved from one location to another, a clock that didn't work came to life during a video interview, computers that were shut down would suddenly wake up of their own accord and display folders that hadn't been on their screen earlier but which were significant to the investigation, and

Right: Paul Davids and Forry, who is autographing a "Sci-Fi Boys" poster.

Below: Forry (right) with legendary film director Steven Spielberg.



a mobile phone repeatedly moved and fell off tables or shelves. The book contains a list of 140 such "anomalies" related to the investigation.

In his quest for answers, Davids has involved scientists at three institutions of higher learning. One of these is his co-author Prof Gary Schwartz of the University of Arizona, who is well known as a mediumship researcher having produced impressive results that he believes point to the existence of an afterlife and communication with discarnate entities.

As well as examining Paul Davids' belief that Forrest J Ackerman had found novel ways of communicating from the next world, Prof Schwartz also arranged for

mediums with whom he has worked to attempt to make contact with Forry and provide additional evidence.

The result is a long, complex and fascinating book, much of which will be difficult for sceptics to reject. They may well dismiss the significance of the numerous coincidences that Davids and others experienced during their research and regard as meaningful. But there is ample, detailed evidence – particularly the forensic studies – that demands more thoughtful consideration.

Whether sceptics and atheists will be convinced remains to be seen. But there is certainly one sceptic – Forrest J Ackerman – who already knows the truth and he will be having the last laugh. ■



Origins of belief in the **AFTERLIFE**

By Barbara White

As Spiritualists, we are all very familiar with the notion of an afterlife, which is at the very heart of our religion, but exactly when did humankind first begin to think about a hereafter?

Barbara White (pictured right) invites you to take flight and time travel to find some of the answers.

HOP aboard your angel's gossamer wings to travel back through the ages and discover how humanity began to theorise about the afterlife around 50,000 years ago.

Keep your angel with you if possible, for we'll be fast-forwarding a few thousand years from time to time.

There have been many names over the centuries for the afterlife - Heaven, Paradise, the Summerland, the Other Side, the Hereafter, Nirvana, Elysium, the spirit world, the Happy Hunting Ground and the Beyond to name the best known.

These are convenient labels which may still leave the average person puzzled. But what exactly is meant by the afterlife?

A dictionary definition states, "The afterlife is the continued existence of the soul believed to follow death," which seems a fair general description.

One theory is that the concept of a life after death originated due to a lack of understanding of what it is like not to exist.

That, too, seems a valid remark, although many people at this point would

be anxious to comment that wishful thinking must also have had a role in the equation. After all, if you did not exist, you would have no awareness of not existing.

Descartes' assertion that "I think, therefore I am" is a comforting thought. Some folk turn this statement round to become "I am, therefore I think."

Convinced Spiritualists have no difficulty at all in proclaiming "I am" both here in the physical world, but at the same time in the spirit world.

We know that we are permanently spirit and that while in physical form, we do not lose our spirit self. That spirit body will become more solid once we shed our temporary earthly overcoat.

This month, we will take a look at the various views of the afterlife throughout the ages and attempt to place belief in a hereafter in a time/location frame.

First, we need to examine where and when religious activity originated before turning our attention to the Beyond.

Religion can be traced back to the period of the Upper Paleolithic Revolution some 50,000 years ago.



BARBARA WHITE: "There have been many names over the centuries for the afterlife." (Photo: Trinley Paris)

It is considered to be one of the "cultural universals," which are features common to all human culture worldwide throughout the history of humanity.

It developed alongside the other cultural universals of art, music and language. Indeed, language was the first form of culture; it was vital to be able to communicate for the development of art and music.

The Upper Paleolithic period saw the development of ancestor worship, animism and shamanism. These were the beginnings of religion, although not at that time labelled as such.

A collective social conscience seems also to have emerged at that time. Social life became what was known as "supernaturalised." That is to say it extended into a supernatural realm. Thus the seeds of religion were sown.

Ancestor worship and shamanism effected a spiritualising of social behaviour; people wanted to adhere to tradition and avoid certain taboos. They also needed to be seen to adhere to an emerging moral code.

Shamanism in particular involved going into trance and connecting with spiritual forces in order to gain knowledge and assist healing. Much cave art of this period reflects these practices.

Shamans believed that during deep trance, the soul left the body in order to



"SHAMANS believed that during deep trance, the soul left the body in order to unite with a spiritually powerful animal."

unite with a spiritually powerful animal. Trance, therefore, was a recognised state way back in the past.

Remember that being in trance is to temporarily be on the astral plane, possibly connecting with those who have left the Earth plane. To all intents, this means the afterlife itself.

We can definitely see similarities with Spiritualism here, except that we realise animals have their own individual souls rather than combining with a human one.

Hold tight to your angel's wings now, for we need to travel through more than 35,000 years to a period of time just over 10,000 years ago when crops began to be cultivated in Mesopotamia.

Those toiling on the land realised it was more efficient and interesting to work together in groups rather than individually. They also observed how vital it was to work hand in hand with nature.

These original farmers likewise realised that there was a force or power controlling these aspects that provided their livelihood.

The difference between nature and God had always been blurred, so it was not difficult for them to imagine it was a personal God who ensured that crops did not fail.

Agricultural workers who had formed into groups calculated that they had to find a way to strike a bargain with God in order for Him to fully do his part.

This was accomplished by praying together for the Lord to bless the sowing and harvesting of crops. In due course, the groups began to meet regularly at an agreed time and place.

Many experts believe that organised religion, as we understand it, developed



EL CASTILLO (Temple of Kukulcan) dominates the centre of the Mayan archaeological site Chichén Itzá in Mexico.

as just described, through the original primitive methods of farming to enable the sowing and reaping of crops.

Crop planters everywhere needed sun and rain, first to grow their plants and then to harvest them. Bartering in this way with God entailed living a morally appropriate life.

This in turn secured entry into an afterlife of happiness rather than an eternity of misery.

Now board your angel again in order to return much closer to the present. Another important world culture, which lasted over a number of centuries, was the Maya, located in and around Guatemala and neighbouring countries in South America.

Enormously gifted in art, architecture, mathematics and hieroglyphics, they constructed many large and magnificent stone buildings.

Early Maya civilisation was from 1800 BC to 250 AD; the latter date was when the classic period of Maya civilisation began. This was to last until 900 AD.

The Mayans were deeply religious and worshipped various gods related to Nature.

The top echelon of Maya society was the "holy lords," who claimed to be related to gods and were thought to serve as mediators between them and humans.



THE ancient city of Tare in Mesopotamia, which is a historical region of Western Asia situated within the Tigris–Euphrates river system, in the northern part of the Fertile Crescent, in modern days roughly corresponding to most of Iraq, Kuwait, the eastern parts of Syria, Southeastern Turkey, and regions along the Turkish–Syrian and Iran–Iraq borders.



A CERAMIC Mayan mask.



THE impressive pyramids in Giza, Egypt (above). (Below right) Tutankhamun's gold death mask.

The Maya had a complicated view of the afterlife. They believed the soul undertook a long journey towards Paradise, but with no guarantee of arriving there.

First, the soul went to the underworld and had some frightening experiences. After much more travelling and experiences at different levels, the soul arrived at a point not far above the earth plane. The Maya believed it remained there in eternal bliss.

One of the first nations to embrace the notion of practising goodness and kindness in this life in order to obtain happiness in the next was Ancient Egypt.

The heart of the deceased was weighed against the Shu feather of truth. If it proved to be lighter, you would gain entry to Heaven.

In ancient Greece, it was believed that Charon, the ferryman of Hades, carried souls of the newly deceased across the rivers Styx and Acheron, which divided the

world of the living from the “dead.”

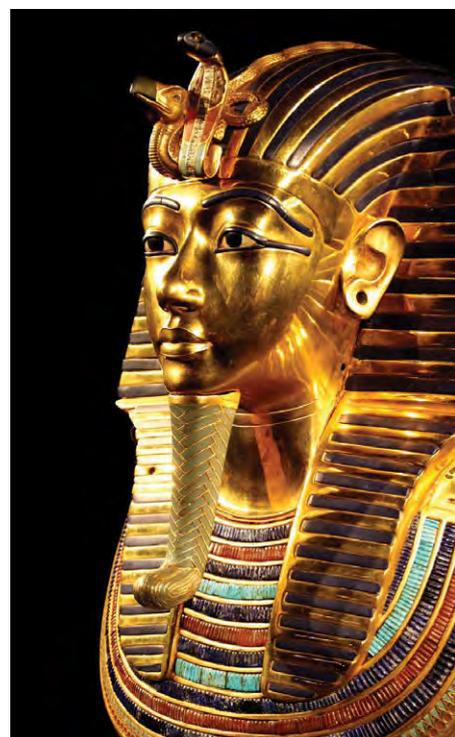
Payment was a gold coin, which had to be placed in the mouth of the deceased before burial.

The destination for evil people was the underworld, Hades, but for the virtuous it was the Elysian Fields.

The Romans also believed that Charon took the deceased across the River Styx, although there were three destinations depending on the life the individual had led. However, the one for the most virtuous was also the Elysian Fields.

Here is a brief summary of the oldest civilisations that have existed on Earth:

- During the Bronze Age, the Indus Valley Civilisation – located in what is Pakistan and northwest India today – practised Hinduism. Hindus believe in heaven and hell, and karma.
- The Egyptians thought that to survive in



A 19TH-CENTURY interpretation of Charon's crossing by Alexander Litovchenko .

the afterlife, the body must remain intact. This was the reason for mummification. If the body was not intact, the soul perished.

- Aztecs maintained that in the afterlife people were assigned jobs, which would help their gods.
- Persians did not accept life after death or reincarnation. Most of them had no concept of survival after death.
- The Chinese believed the afterlife was similar to this life, doing the same things.

Only atheists assert quite unequivocally that there is no God or afterlife. Some feel that they are superior for not believing there is anything after this life; others have a fear of being judged for their earthly actions.

It is impossible to discuss the afterlife

without mentioning reincarnation. Worldwide about 50 per cent of the population believe in God. About half of that number also accept rebirth.

However, the situation is no longer as clear-cut as it once was. A couple of generations ago, it still seemed mainly the preserve of the Asian religions of Hinduism, Buddhism and Sikhism.

The integration into communities of people from other lands and inter-marriage between many nationalities has completely changed the picture. This was more or less inevitable. However, the principle of karma in the different religions is similar.

At the end of earthly life, there is always karma to be resolved, a debt we have collected during our lifetime, which has to be paid. This can be done in the spirit world or in another incarnation on earth.

Not all Spiritualists believe in reincarnation, but many accept it, as do most spirit guides.

We also believe we have a choice in the matter, as it can be a quicker way to clear our karmic debt than in the spirit world. In most cases there is no recollection of previous lives.



BUDDHA (above). A couple of generations ago, reincarnation still seemed mainly the preserve of the Asian religions of Hinduism, Buddhism and Sikhism.

(Below) An artist's impression of the cycle of life under the laws of reincarnation.

It is probable that some people in our present life are also from a previous incarnation. It is also possible that there is a karmic debt to pay to some of our friends and family or indeed from them to us.

Mediumistic phenomena, including communication between the living and the "dead," have existed throughout history and in all countries, but had never been formalised as a religion, as the Church did not accept them.

As we know, this changed in 1848 when the Fox sisters of Hydesville, New York, established regular and meaningful contact with the spirit world, which resulted in the birth of modern Spiritualism.

However, in some countries it was many years until Spiritualism became a recognised legal religion. In Britain, for instance, this did not occur until 1951.

No matter what, as Swiss-American psychiatrist Elisabeth Kübler-Ross, a pioneer in near-death studies, once commented, "Death is like taking a heavy winter overcoat off in the spring when we don't need it any more."

One day, we will all find out... and won't have to board an angel's wings to do so! ■



ALL LIFE IS SPIRIT

BY LIONEL OWEN



A third generation Spiritualist, Lionel Owen is a trance medium, clairvoyant, lecturer, writer and teacher, having taught at the Arthur Findlay College, Essex, for several years during the 1980s and 90s.

He was President of the International Spiritualist Federation for nine years from 1993 and has taught and demonstrated all over the world. Two years ago, Lionel was awarded the Certificate of Merit by the Spiritualists' National Union.

Lionel lives in South Africa. Whilst mainly retired, he still takes services on his occasional visits to the UK and has retained his membership of Norwich Spiritualist Church, Norfolk.

This year he has taught, lectured and demonstrated online for churches in the USA and UK. He has published three books, "The Gift," "The Keepsake" and "Please God Why?"

In this article written especially for "Psychic News," Lionel gives some thoughts prompted by lockdown.

"GO mark the matchless working of the power, That shuts within the seed the future flower ..." What a marvellous invitation to us all. It was written by William Cowper many years ago.

In so few words, William Cowper has prompted us to look outside ourselves at the beauty and majesty of the world of nature and to see for ourselves the wonder that is the work of God.

During this virus-inspired lockdown, there has been ample opportunity for thinking and contemplation – for wondering afresh about the source and purpose of life, and looking at the natural world with eyes made sharper by the stillness that has enveloped our lives in so many different ways.

Many are saying the onset of this terrible virus gives us a unique opportunity to examine our world and what we as human beings have made of the singular and amazing opportunity presented to us by life on Earth.

Things are bound to change as a result of what has been happening during the past seven months, but will they do for the better? That is almost entirely in our own hands.

As a species, we shaped the social, legal and religious structures of our societies and created the moral mores that have such a huge influence on people's lives.

Likewise, we created the consumer society and its materialistic obsession with money. So often we choose to turn a blind eye to abuses of power.

We also created sectarian religion with its lust for temporal power and its insupportable claims to possess absolute truth. There is no shortage of areas needing improvement. All we need is the will to use this unique opportunity in positive ways.

In my view, examining the natural world in depth and not just superficially is a good starting point.

Not only should we be awe-struck by the power that can produce such beautiful flowers from a mere seed, but also examine the manner in which all species, animal or vegetable, are interdependent; how they live in their own way, but do so almost entirely in harmony with other forms of life.

Even a superficial examination of the natural world cannot fail to impress us with a profound sense of beauty.

Nature does not create ugliness. Whether it be beauty of form and shape or of construction, nothing that has been created falls short in this regard.

Examine the function of the humble leaf, for instance. Not only does it perform an essential service for the plant or tree

of which it is a part by using its chlorophyll to convert sunlight into plant food, but its design is perfect: utilitarian, symmetrical and beautiful.

How, I wonder, would human beings have designed it? One only need look at some of the monstrous buildings humans have designed or the homes that have been constructed for people to live in.

In my view, beauty is essential to the proper fulfilment of life. Surround human beings with ugliness and life in those surroundings will become ugly.

This is not in every case, of course, because some humans are capable of rising above ugliness, but that is only true of a minority.

Ugliness is not just a matter of form; it is also true of action. Many of the ways in which we have shaped our human societies positively encourage ugliness in action and behaviour.

Although the capitalist system has allowed many people to enjoy a high standard of living and enabled science to lengthen human life and make it more comfortable and enjoyable, there is a negative side. The same is true of various non-capitalist systems used in different parts of the world.

Likewise with religion. All these systems possess far too few checks and balances to regulate human greed, and the lust for power and acquisitiveness. Many have made life for some easier, but by no means all.

Linked to increasing human arrogance in our reasoning abilities, too many have been persuaded to embrace the arid doctrines of materialism.

Above all, we constantly fail to recognise the corrupting influence of power or implement sufficient measures to minimise it. By our actions, humanity is in danger of completely losing contact with reality.

The reality I refer to is not reality based purely on what is apparent to our physical senses.

It is the reality that all life is spirit; that physical form is purely temporary and a requirement to enable spirit to experience the adjustments needed to live for a while in a physical world and live under the constrictions imposed upon the inner spirit by the total domination of five physical senses.

In this regard, all life – animal, vegetable and mineral – is identical. Nothing that exists physically is devoid of the power of spirit needed to energise it. Physical life only exists by virtue of spirit.

One only has to think about those we love, whether human or animal, to realise the truth of this. What is it that we love? Is it the tangible things? The physical form, the voice, the physical strength or the achievements?

What is love? Why do we fall in love with one person and not



LIONEL OWEN: "Where is the justice of one being born in abject poverty whilst another is born in the lap of luxury?"



WILLIAM COWPER: "Go mark the matchless working of the power,
That shuts within the seed the future flower ..."

another? The answer to none of these questions involves just physical factors. Rather must we turn to personality and other intangibles.

Of what do these intangible attractions consist? I believe we are not capable of answering that question in purely physical terms.

Look into the eyes of one you love and it is impossible to believe what you see in those eyes is transitory, that it will cease to exist one day.

Our personalities are our core, the real person. Personality is a combination of inherited family tendencies, experiences since birth and the spirit within, the spirit Wordsworth described as being born "not in utter nakedness, nor in entire forgetfulness but trailing clouds of glory, do we come from God which is our home."

Except we understand our true spiritual inheritance, life on Earth becomes inexplicable, a journey undertaken blindly and purposelessly.

How can one explain the huge differences in individual personal circumstances if we persist in believing life occurred by chance in the primordial mud and that we cease to be when death comes calling?

Where is the justice of one being born into abject poverty whilst another is born in the lap of luxury? How can we justify so many people living in total squalor with no hope of escape?

Were it true that life ends in physical death, we would all be totally justified in adopting atheism and grabbing all we possibly can without concern for others.

Fortunately, that does not happen

because most people are at heart generous and caring – two intangibles closely allied to our spiritual and not our physical selves.

I have no doubt that life has purpose and am not alone. When he was a young man, the American poet Robert Frost described the soul's birth and purpose movingly in his poem *The Trial by Existence*.

In it, he explains that each individual chooses to be born for "some good discerned." This choice is made even after being told in detail all that awaits in earthly life.

The soul also knows it will not be able to recall with any certainty the fact that it chose. An inspired work, *The Trial by Existence* is very much worth reading.

Many other poets and seers have explained that we are a great deal more as individuals than we see reflected in the mirror. We should pay more attention to them, for they have received inspiration through their inner selves.

That same inner self which leads to our being attracted to one person rather than another; that same inner self which makes so many of us aware of atmosphere in a room or a building, even when there is no outward indication.

The same part that knows instinctively there is a power greater than ourselves which orders everything in the universe, but allows us free will to determine our own path of life.

By marking the wonders apparent in the natural world and contemplating their implications for ourselves both as individuals and collectively, we can begin to make sense of life.

We can also begin to see why since the beginning of time humanity has been convinced of a power greater than itself: a power we call God.

In doing so, we will be following the dictum of John Milton, "In contemplation of created things, by steps we may ascend to God." ■



Elizabeth Francis

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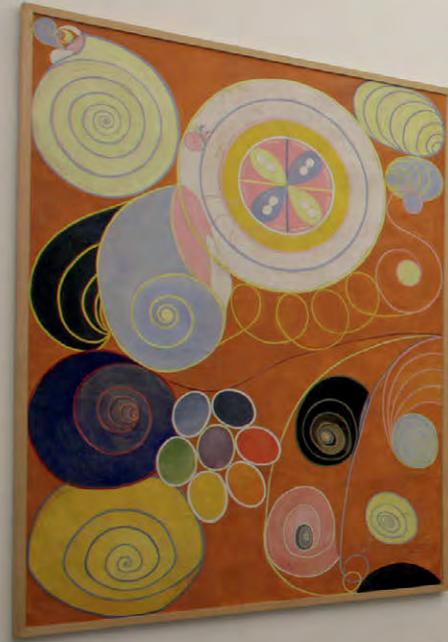
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PAINTING THE UNSEEN

Angela Redditch reports on HILMA AF KLINT's remarkable spirit-inspired collaborations, on show in London in 2016, that heralded the arrival of Abstract Art, but only now in 2020 is her place in art history books being assured as a new documentary film is released entitled "Beyond The Visible" in virtual cinemas



WHEN you think of Sweden – what springs to mind? For me, it's Ikea, *The Girl with the Dragon Tattoo*, Ingmar Bergman films, and images of lakes and islands. But practitioners of "abstract art"? Painters of big striking works showing strange baffling designs? Well, no...

A visit to the Serpentine Gallery in London's Kensington Gardens, to view the extraordinary work of a respectable Swedish woman artist, Hilma af Klint, who died over 74 years ago, has changed my perceptions – not only of Sweden but also of art.

No beautiful landscapes, no portraits, nothing traditional at all – this is an exhibition of works with a big, bold difference.

Af Klint, who was traditionally trained at a prestigious art school in Stockholm, had long been aware that she had some psychic ability and, after the death of her younger sister, af Klint explored the possibility of contact with the dead. Even before art school she had been going to séances and investigated Theosophy, which was becoming popular in the late 1870s.

Her related experiments with new artistic concepts in the mid-1880s, under spirit influence, paved the way for the development of her impressive abstract paintings. Together with four other young women artists she had formed a group, calling themselves "De Fem" ("The Five"). Besides their artistic labours, they held weekly séances, at first visiting each others' homes or studios in turn.

In 1896, Hilma af Klint became the circle's regular medium. A photograph

of one of the venues the little circle used shows a couch, on which the medium would lie, and an altar, bearing a cross. The circle met on Fridays for many years.

Automatic writing and drawing was practised in large notebooks (some specimens are on show in the exhibition and its catalogue). Several spirit guides introduced themselves. And in 1904 the circle was told that Hilma af Klint was to undertake artistic commissions for Amaliel, one of these entities.

The concepts the guides wanted her to depict and the style they wished her to use were startlingly different from the traditional art school conventions of her student years. She was to undertake paintings "on the astral plane", the Five were told, to represent "the immortal aspects of man".

The Paintings for the Temple

From this communication, it seems, stemmed the development of several groups and series of abstract paintings, 193 works in all, within an overarching title: *The Paintings for the Temple*. (The "Temple" was not a real building, but a spiritual concept.)

At the time, af Klint was several years ahead of other (male) artists, such as Kandinsky, Mondrian and Malevich, all

of whom were intrigued by the idea of exploring the world of the intangible, and expressing this interest in abstract form.

So why is Af Klint largely unknown and unrecognised until recent years? She and her circle worked in secret, and never sought to exhibit her abstract paintings.

Her abstract paintings began in 1906 with a series, all of a similar size and shape, known as *Primordial Chaos*, the first phase in *The Paintings for the Temple*, and the first group of paintings in the Serpentine Gallery exhibition. In these appear motifs which recur as persistent elements in several later series of paintings: they seem to be symbolic in function.

The earliest painting in the series shows a pale central bird-like motif, heavily grey-flecked. Further into the series colours are introduced and a wider range of organic forms, snail-like spirals and coils, sperm-like shapes, and floral and petal-like forms.

The principal colours are blue and yellow, sometimes appearing with a unifying green. Verbal motifs introduce themselves: the letters "u" and "w" apparently representing "spiritual" and "material".

The biggest shock for the exhibition visitor comes with the next group, painted in 1907, *The Ten Largest* (though only eight of the ten have come to London). Large indeed they are: each about three metres high. Af Klint had to paint them, flat, on her studio floor. The series seems to "interpret" human life from childhood to old age, vivid background colours in youth, more subtle in adulthood. The organic



A visitor in the gallery displaying “The Ten Largest”: a study of the four ages of man. The paintings shown here, produced in 1907, depict youth (the two to the left) and adulthood.

Hilma af Klint is pictured in her studio at Hamngatan 5, Stockholm, 1895.

“

She and four other young women artists held weekly séances ... and in 1896 she became the circle’s regular medium

”





Another of "The Ten Largest" series. This one depicts childhood.

“

The pictures were painted directly through me, without any preliminary drawing and with great force

”

forms of the first series appear here, but bigger and bolder.

Af Klint had become very interested in the esoteric spirituality of Rudolf Steiner, founder of Anthroposophy, and when he visited Stockholm in 1908 she asked his opinion of her work. Steiner felt that af Klint's "commission" would not be understood for 50 years.

He was generally so critical and unencouraging that work on *The Paintings for the Temple* halted. For the next four years, af Klint looked after her mother, who had become blind. The paintings began again only in 1912 with the last two series of seemingly inspired works, *The Swan* and *The Dove*.

What did it all mean?

Emerging from the exhibition, I was as baffled by abstraction as when I entered, but was fascinated by the vividness and the precise brushwork of af Klint's style, by the colours and the contrasts, the yellows (masculine), the blues (feminine), the pinks and the reds (said to denote spiritual as against sexual love), the motifs very small or very, very large indeed.

In 1915, as *The Paintings for the Temple* were completed, af Klint wrote: "The pictures were painted directly through me, without any preliminary drawing and with great force. I had no idea what the paintings were supposed to depict: nevertheless I worked swiftly and surely, without changing a single brushstroke."

Af Klint and her spirit inspirers never collaborated so closely again. She continued secretly to paint abstract concepts, though, and some of this later work is included in the London exhibition.

From then to now

In the last years of her life, af Klint ceased to paint altogether. She had long given up painting the conventional landscapes and portraits which could be sold to provide her with an income.

She moved away from her island studio to live with a relative. In her will, she left all her secret abstract works to her nephew – 1,200 paintings, 125 notebooks, 27,000 words of her own analysis of the secret abstract works – stipulating that none of the paintings should be exhibited until 20 years after her death. She felt that her work would not be understood.

Although Sweden was neutral during the Second World War, there was enough of a Nazi "proximity" to make invasion always a risk, and with invasion, the likelihood of any unconventional artistic work being denounced as "degenerate" – and destroyed.

After af Klint's death in 1944, the farmer who owned the land on which her studio stood threatened to set fire to it.

Her nephew mounted a hurried rescue operation, and the 1,200 paintings and the notebooks were stored in an attic (it must have been a very capacious attic) for many years. Not until more than 40 years after af Klint died was a public exhibition held which included a small number of her paintings.

However, in 2013, a major exhibition was staged at Moderna Museet in Stockholm, and the hitherto little-known Hilma af Klint was suddenly a sensation – it was the most popular exhibition Sweden's Museum of Modern Art had ever mounted.

Iris Müller-Westermann, the museum's curator, remarked "You might say that over 100 years ago Hilma af Klint was painting for the future. That future is now." ■



Opposite page:

This series of three paintings is titled "Altarpieces" and captures of Klint's realisation of "oneness".

This page:

Three of the 24 paintings in "The Swan" series, which begin with recognisable white and black swans and then evolve into colourful abstract representations.

Details of how you can watch the film "Beyond The Visible" can be found at: <https://zeitgeistfilms.com/film/beyondthevisiblehilmaafklint>

All images of Hilma af Klint's paintings in the London exhibition are © Jerry Hardman-Jones



PROFILE

FROM EGYPTIAN QUEEN AND ABUSED CHILD TO STARRING ON TV'S 'PSYCHIC CHALLENGE' – **WHAT NEXT?**

AMANDA HART tells Roy Stemman about campaigning against coercion, her spiritual mission and an alien agenda



EVERY LIFE has a purpose. We have chosen to be born into this life – as we did in our previous lives – in order to achieve our goal. And we are assisted in our endeavours by spiritual beings who are with us, guiding us every step of the way and giving us strength to face challenges, as we each seek to follow the spiritual path that we committed to in order for our soul to evolve.

That, in simple terms, is intuitive Amanda Hart’s philosophy and it is one that most of our readers will probably embrace, partially or totally.

Where Amanda has an advantage over many of us, however, is in the communication she enjoys with those who assist her from another dimension – an ability that led to her participating in a major psychic programme on television in 2005 (see “Britain’s Psychic Challenge” panel).

Some might call them spirit guides. Others will view them as angels. Amanda avoids such labels, preferring to call her unseen helpers “The Guys Upstairs”.

She has been aware of their presence since she was three years old and that spiritual bond, she says, has grown stronger with the passing years, allowing her to seek their guidance or reassurance whenever she is in doubt about the direction she is taking.

I meet her in London’s Covent Garden just a few hours before a party to launch her book, which is titled, unsurprisingly, *The Guys Upstairs: how I was shown my power and voice*.

Having had a sneak preview and time to digest just the first few chapters, I know that she has not had an easy life. As a child she was badly abused by the woman who was her father’s partner – and later his wife – after her parents separated.

Amanda describes very powerfully the mental and physical abuse she suffered as a child and how she learned to survive. The frequent beatings and verbal lashings have left no visible signs, nor have the unbearable adult relationships she has since endured, including her first marriage which ended with her husband disappearing with their four-year-old daughter Georgina.

Her relaxed and cheerful demeanour speaks volumes for the human spirit’s resilience and ability to rise above such experiences. And she is now determined to help others cope with similar circumstances and reclaim their self-esteem and confidence.

Today, she is a happy mother of three living in Suffolk who combines her psychic abilities as an intuitive counsellor with her work as a therapist using natural healing

and psychological techniques. She is also a busy campaigner on behalf of those who are victims of coercive control. This follows the UK’s introduction of the Serious Crimes Act 2015 under which “controlling and coercive behaviour in an intimate or family relationship” is now illegal.

The question uppermost in my mind as I began reading her book was why her unseen helpers allowed her to suffer so much, particularly as a child? Should they not have been protecting her?

The reason, she tells me, is that her father had psychic abilities which he also recognised in her and, as a result, was very protective towards her. Most of the abuse she suffered was when he was away from the house. On the other hand, had she gone to live with her mother, a high-powered public relations executive with whom she had a very loving relationship, Amanda would not have been encouraged to explore or develop her psychic potential.

“My father used to say that when I grew up I would understand this power that I had. In a way, he knew that if my Mum had me, it would never have been nurtured in that way. Even though it was a dire, graphically-volatile upbringing it was the only way to preserve that for my future.”

Even so, she admits that without the support of her unseen helpers during her schooldays she would not have survived. “I am clairsentient, so it was a feeling, a knowing,” she explains, “and I was particularly aware of them when I was in danger or out in Nature. I realised early on that if I asked for help, I got it.”

Which is just as well, since it becomes clear as one reads *The Guys Upstairs* that she has been asking for help ever since – but also giving it. As her gifts developed she began having visions of her future life and also saw her own past lives and those of others.

It’s an easy-to-read book, though the journey on which she takes her readers is far from easy. The wealth of detail she provides about numerous incidents and escapades in her very varied life may well irritate some readers, as will the accounts of various love affairs and relationships along the way.

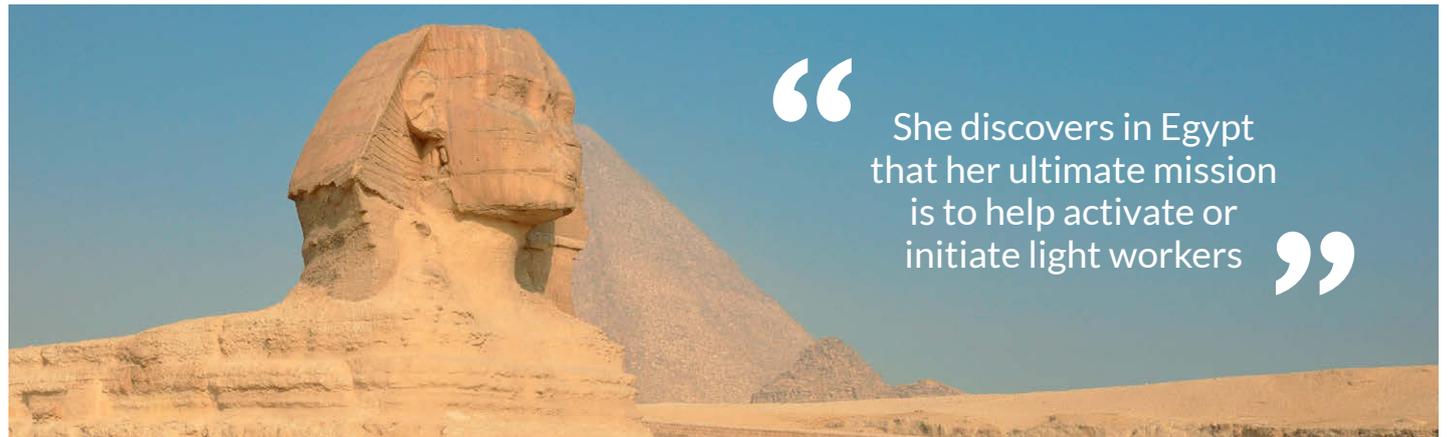
Indeed, at times it felt as if I was reading a Mills & Boon romance called *Fifty Shades*

BRITAIN’S PSYCHIC CHALLENGE

Among the tests she faced in the 2005 TV show, Amanda Hart had to decide which of five men had a criminal record, which vehicle had someone hidden in its boot, and match husbands and wives correctly.

(Photos: Channel 5)





“ She discovers in Egypt that her ultimate mission is to help activate or initiate light workers ”

of *Spirituality* rather than an autobiography. Describing her first meeting with a man named Chris, who was to be her companion on a visit to Egypt, she writes:

“The recognition was incredible. It was as if I’d known him all my life and the feelings I’d only ever had for Graham, my first love, came cascading into my heart and soul as that breath-taking creature stood before me.”

In no time at all they are kissing, “urgently at first as we let the passion take us, and then we slowed our kiss to a deep sensual exploration as sensations coursed through us like magical explosions”.

Having concluded that she had “loved him for lifetimes”, a dream revealed to her that she had been Cleopatra in a past life and Chris had been Mark Antony, who had died in her arms. Chris was understandably sceptical, but Amanda offered him these pointers by way of supporting evidence:

“The coincidences match up. Your surname sounds almost like Antony and I named my son Anthony. When I was born, my mother named me after Amanda Barrie, the actress who played Cleopatra.

“My grandfather was involved in a mission which took him to Alexandria during the Second World War and was stationed in Egypt for four years. Cleopatra lived in Alexandria. Mark Antony gave Cyprus to Cleopatra and Michael, my second husband, comes from Cyprus.”

That’s the sort of logic that gets belief in past lives a bad name. It doesn’t help that in a later chapter, describing an 85-mile pilgrimage walk with a companion named Terry, she has another past-life flashback:

“My visions suddenly appeared again. This time it was clear to me Terry was actually Lancelot and I was Guinevere.... I felt for him as he fought for me against Arthur. In my previous existence, I’d betrayed Arthur for Lancelot.”

Let’s ignore the fact that the legendary King Arthur’s existence is still debated and disputed by modern historians, and return

to Amanda’s first visit to Egypt. In Cairo, she strips naked for an Egyptian named Abraham who massages her entire body with oil – “and I mean my entire body” – as part of an initiation ceremony.

Back in England, she speaks to “a spiritual master based in Luton” who tells Amanda she must return to Egypt to complete her initiation. She does so with a group led by a woman named Isis, who runs a Glastonbury retreat, and who explains the purpose of the journey they are about to take to temples along the Nile:

“I need to gather the great initiates who are ready to follow again the ancient pathway of the Great River of Light. Those who walked the path before have an opportunity to do it again, a quarter of a million years later. You might have followed the journey many times, Amanda, but this time is the most significant.”

Apparently, Amanda’s ultimate mission is to help activate or initiate light workers. Isis reveals that on their journey along the Nile they will be guided by the Hathors, “a group of inter-dimensional, intergalactic beings who connect with ancient Egypt through the temple of the Goddess Hathor.”

Each temple has a star gate, linked to a star cluster. Edfu Temple, Isis tells the group, is linked to Alcyone, the primary star in the Pleiades, which “will help us to significantly enhance our ability to channel from the Councils of Light.”

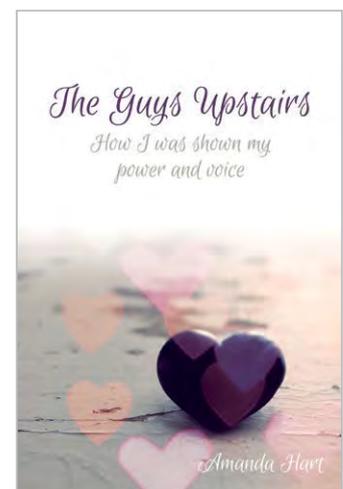
And this, Amanda suggests, may help explain who The Guys Upstairs are and what her mission is all about. In 2004 – more than a year before her participation on *Britain’s Psychic Challenge* (which can be viewed on YouTube) – Amanda had an overpowering experience in which she was shown scenes from her past and her future, accompanied by a running commentary from disembodied voices:

“Then I was shown alien intervention and how at last history would have to be rewritten to incorporate what other

planetary beings would come to show us.... I was key to helping introduce humanity to what was going on out there in the universe.”

As a sceptical Capricorn, Amanda confesses that even she found this difficult to believe. But the fact that she has published it in such detail suggests she is now convinced that she has a much bigger role to play than the one that put her on British television screens a little over a decade ago.

I’m also a sceptical Capricorn, and I confess that I find much of her honestly reported life experiences difficult to interpret in the same way as she does. But in the meantime, while more and more light workers are switched on around the planet and we wait for the arrival of extra-terrestrial saviours who will help raise our collective consciousness, I’m delighted that Amanda Hart is continuing to use her insights and expertise to assist others, and particularly those who are victims of controlling coercive relationships.



The Guys Upstairs by Amanda Hart (Austin Macauley Publishers Ltd) is available on Amazon.

Amanda Hart’s website: thesoulsearchingcentre.com ■

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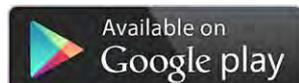
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To be in harmony with the universe

BY BILLY ROBERTS

OUR parents are no doubt unwittingly the architects of our destinies. From the earliest moments of our life on this planet our future is essentially in their hands. In fact, from a very early age our parents condition our minds and chastise us by imposing upon us their likes and dislikes, effectively creating us psychologically, emotionally and most definitely spiritually in their own image in very much the same way that their parents did to them, and so on through the family history.

However, if we are fortunate enough to have well grounded, intelligent and far-seeing parents, then it's a fairly safe bet that we will do well in life, circumstances permitting, of course.

There are other psychological factors to be considered, such as the impressions made on us by our peers and how much we are influenced by the people with whom we associate.

To all intents and purposes, we live in an extremely competitive world, one in which our human frailties and failings are constantly being put to the test, nearly always beyond our endurance.

Little wonder, then, why many of us have lots of hang-ups, are insecure and lack confidence. We can't really help but admire those who have done well in life, occasionally to the extent of feeling somewhat jealous or even resentful.

"Good luck to them!" you may very well say, but if you're honest with yourself, there is always a part of you which says, "I could have done better than that! If only..."

There are many "If onlys" in everyone's life and always a little jealousy when we see others achieve something that inwardly we know we could have done ten times better given the opportunity.

But that's just it, isn't it? The opportunity is never presented to those who don't expect it! But why do some people who appear to have no real talent get on in life and others with exceptional skills fail in everything they do?

Could it be that those who succeed resonate with some sort of universal magnetism that sets everything in motion for them, affording them success, good health, wealth and happiness, or is success passed down to us from our forebears through some sort of genetic electrical

impulse system?

I would say there is far more to success than luck or good business acumen and that there's nearly always something a little special about those who succeed which makes them stand out from everyone else.

They do say that if you desperately want to succeed in any chosen profession to the extent that it preoccupies every aspect of your being, then the universe will always conspire to lead you into a position whereby your dreams and aspirations may be gratified.

Looking at it in this way, we are surely the architects of our own destinies, as long as we don't allow our parents' control of our minds to last forever or to interfere with our dreams when we are young.

However, as we do not have any say in the matter when we are children, we have to do what we are told, don't we? In the majority of people there is the potential of a genius which lies dormant waiting for that moment of arousal. For many, that moment never arrives simply because the dream is never really strong enough.

But how important is it to have a positive outlook and to believe in yourself? We are surely the architects of our own destiny by the way we think and are constantly peopling our own private portion of space with the thoughts we release.

Achieving success, overcoming seemingly insurmountable obstacles and even fighting life-threatening illnesses are

all possible with the belief that you can do it.

The human form is an electromagnetic unit of incredible power, assimilating, modifying and discharging energy, and is also contained within its own spectrum of colour and light.

We are constantly interacting with everything else around us by means of our personal dynamic force. This force is quite extensive and always attracts to it both people and situations that harmonise perfectly with it.

The mind is always the common denominator and exerts a great control over your life in more ways than one, either pulling you down into a state of submission or encouraging you to aspire to the heights of greatness.

"The only way ever to control nature is by obedience. Once you obey nature, you can then choose from her boundless store the forces that serve your purpose"

Looking at it in this way, we can see it is truly all in the mind and that once your dreams resonate with the universe, they then become a reality.

The electromagnetic nature of the human form makes

it capable of transcending the bounds of all possibilities. Once there is perfect resonance between you and everything else, your dreams and aspirations will become a reality.

The only way ever to control nature is by obedience. Once you obey nature, you can then choose from her boundless store the forces that serve your purpose.

Everything in the universe is in perfect harmony. The movement of the planets around the sun, the falling rain, the gentle swaying of the trees and grass in the wind, the ebb and flow of the tide, and even the alternating periods of day and night, all obey universal laws of rhythm.

In fact, a consistent rhythm pervades the universe, bringing perfect order and balance to everything. It must also make sense that the atoms of which our bodies are composed are as much subject to these laws as is our planet in its

revolutions around the sun.

When we no longer harmonise with the universal rhythm – or universal mind as some call it – a disharmony manifests in our lives either as disease in the body or mind or just as insurmountable problems, causing us heartache and dismay.

An effective way of training the mind and encouraging it to resonate with the universe is through the yogic method of rhythmic breathing.

This breathing process also encourages a restless mind to be quiet and serene. This rhythmic time is based on a unit corresponding with the beat of the heart.

As everyone's heartbeat is different, you should ascertain your heartbeat by placing your fingers on your pulse and counting 1, 2, 3, 4, 5, 6, 1, 2, 3, 4, 5, 6 and so on.

The units of inhalation and exhalation should always be the same, in this case six. Whilst the units of retention and between breaths should be one half the number of inhalation and exhalation, in this case three, once you have ascertained your heart rate, here's what to do (see panel, top right).

This process of rhythmic breathing

Sit on a straight-back chair with your eyes closed, making sure that your head and neck are in a straight line, with your shoulders thrown slightly back and your hands now resting lightly on your lap. Breathe in slowly counting to six. Hold your breath for the count of three and then breathe out to the count of six. Count three between breaths before breathing in again to the count of six, and so on.

encourages the mind to be quiet and serene, thus promoting harmony and perfect balance in the body.

Carried out every day, measured breathing encourages the health to improve and the mind to be more focused, gradually bringing the overall resonance of your body back in harmony with the universe. ■



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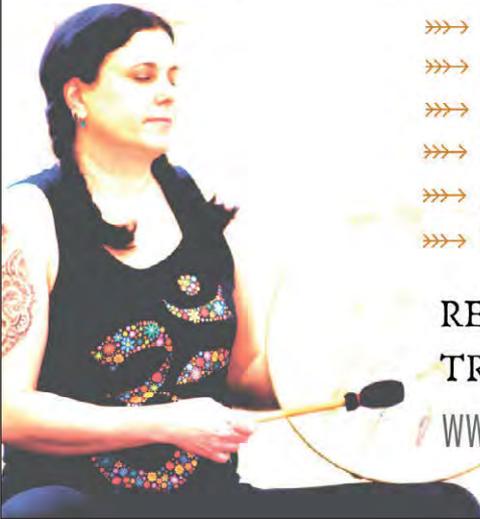


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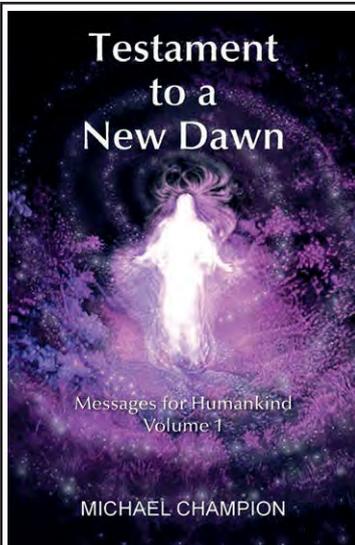
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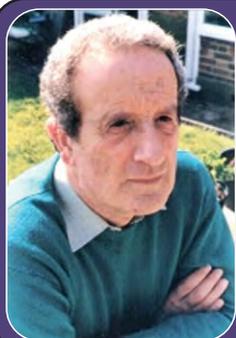
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I was also led to start Lechlade Spiritualist Church (details above) where I source different mediums each week to hold a divine service. Please do come and join us.

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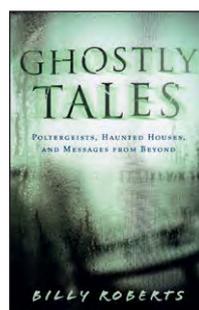
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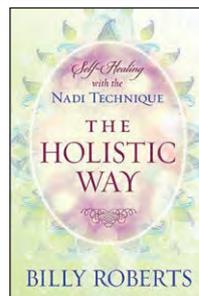
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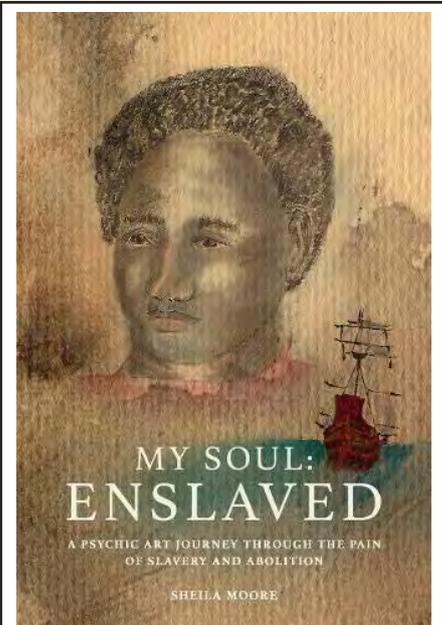
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Healing
Monday 1.30pm - 3pm
(excluding Bank Holidays)
Wednesday 7.30pm - 9pm
Small animals welcome too
Open Platform
Third Friday of every month at
7.30pm with mentor
SPENCER ROSE
Saturdays - Occasional
Special Events
See website, Facebook or in
Church for details
All Welcome

MAIDENHEAD SPIRITUALIST CHURCH

York Road,
Maidenhead,
Berkshire
SL6 1SH
President: Sharon Silver
Tel: 0777 0433 129
Sunday 6.30pm
Divine Service
Wednesday 1pm - 3pm
Healing Clinic
Thursday 7.30pm
Mediumship Demonstration
Monthly Open Platform
and other Special Events
please see website
http://maidenhead-spiritualist-
church.weebly.com
A warm welcome is extended to all
Car Park and facilities for
disabled visitors
MARRIAGE and
NAMING CEREMONIES

WINDSOR SPIRITUALIST CHURCH

Adelaide Square,
Windsor,
Berkshire SL4 2AQ
President:
Denise Shoremi
Tel: 07976 815195
Mediums' Secretary:
Richard Johnson
Tel: 07505 493 153
Facebook: Windsor Spiritualist
Church Group

We are now also on Instagram
Sunday Divine Service 6.30pm
Free-will offering
Tuesday 7.45pm Admission £3
Evening of Clairvoyance
Development Circle
Mondays 7.30pm - 9.30pm
Open Platform
Date list available
Healing
Thursdays 8pm - 9pm
Come along and experience
the lovely atmosphere
Website: www.windsor-
spiritualistchurch.co.uk

CHESHIRE

MIND BODY SPIRIT EVENT

Nantwich Civic Hall,
Beam Street,
Nantwich,
Cheshire CW5 5DG
Rosemary Douglas Events
Website:
www.rosemarydouglas.com
E: rosiembs@googlemail.com
Tel: 07828 187468
See website for details
of next event

CORNWALL

BUDE FREE SPIRITS SPIRITUALIST CHURCH

The Parkhouse Centre,
Ergue-Gaberic Way,
Bude,
Cornwall EX23 8LG
www.budedefreespirits.co.uk
Service Every Thursday
7.30pm - 9pm
BUDE HEALING CLINIC:
Every Wednesday 7pm - 9pm
Visiting mediums who would
like to serve Bude Free Spirits
please contact Carol
on 01840 770057
All Welcome

PENZANCE CHRISTIAN SPIRITUALIST CHURCH

Bread Street,
Penzance, Cornwall
Tel: 07800 812973
07800 813533
07780 661670
Monday: Open Healing Circle
7pm sharp
Thursday: Service 7.00pm
Followed by Healing
Follow us on Facebook:
Penzance Spiritualist Church
All Are Welcome

DEVON

EXETER SPIRITUALIST CENTRE AND HEALING GROUP

York Road,
Exeter,
Devon EX4 6PF
Website: www.
exeterspiritualistcentre.org
Sunday 6.30pm Service
Wednesday 1.30pm Mediumship
Saturday (as advertised)
Private Readings
Demonstration of Mediumship
Healing:
Tuesdays 10.30am - 12 noon
& Wednesdays 7pm - 8.30pm
See website for
Healing times on Sundays
and details of Special Events
and Development Groups
All Welcome

DORSET

CHRISTCHURCH SPIRITUALIST CENTRE

196B Barrack Road,
Christchurch,
Dorset
BH23 2BQ
President:
Karen Martin
Enquiries:
07849 606437
www.christchurchsc.org.uk
Sunday Service
at 10.45am
Thursday Service at 7.30pm
Healing
Tuesday 10am - 11.30am
Church accessible for
wheelchairs and has loop
system for hearing aid wearers
All Welcome

BOURNEMOUTH SPIRITUALIST CHURCH

16 Bath Road,
Bournemouth,
Dorset BH1 2PE
Telephone: 01202 551751
Website: www.bsnuc.co.uk
AUGUST EVENTS IN CHURCH
Sunday 2nd 10.45am
ELAINE BEVAN
Wed 5th 10.30am - 12.30pm
Distant Healing
Sunday 9th 10.45am
JANET EMILYMAE
Wed 12th 10.30am - 12.30pm
Distant Healing
Sunday 16th 10.45am
VICTORIA BROCKWAY,
LISA ROCKETT &
NIKKI JENKINSON
Wed 19th 10.30am - 12.30pm
Distant Healing
Sunday 23rd 10.45am
AL & GEOFF POTTS
Wed 26th 10.30am - 12.30pm
Distant Healing
Sunday 30th 10.45am
LAWRENCE SAVILLE
All Welcome

KINSON SPIRITUALIST GROUP

Kinson Community Centre,
Pelhams Park, Kinson,
Bournemouth BH10 7LH
Tel: 01202 715754
www.facebook.com/
KinsonSpiritualistGroup
Every Sunday 6.30pm
Divine Service
2nd Monday in month at 8pm
Clairvoyance Demonstration
All Welcome

ESSEX

EPPING SPIRITUAL SANCTUARY

Thornwood Village Hall,
Weald Hall Lane, Thornwood,
Epping, Essex CM16 6ND
Enquiries to
Jan: 01279 861515
or Linda: 0796 3605 630
(Registered Charity 284561)
Tuesdays
Healing: 1pm - 2.20pm
Freewill Donation
Tuesday Service 2.45pm £3
Plus last Friday of every month
at 8pm
Evening of Clairvoyance £5
All Welcome

This is a guide to the churches, centres and spiritual shops that advertise with us on a regular basis. During the coronavirus crisis all are closed unless stated otherwise but please do check with their websites and Facebook pages for details of when they will re-open. A full list of churches, centres and spiritual shops that stock *Psychic News* can be found on our website at www.psychicnews.org.uk

AWARENESS SPIRITUAL & WELLNESS CENTRE

Nevendon Community Centre,
Off Nevendon Road,
Wickford,
Essex
SS12 0QH
Email: hannonef@gmail.com
Mobile: 07847353054
Facebook page: www.facebook.com/AwarenessSpiritualWellnessCentre
Wednesday evenings:
Entrance £5.00
From 6.30pm until 8.00pm
1-2-1 Private Readings
Spiritual Healing
(which is a freewill donation)
Stalls
From 8pm until 9pm
Demonstration of
Platform Mediumship with
our guest medium
Refreshments of tea, coffee,
cakes & biscuits throughout
the evening
Extended Services, Circles,
Spiritual Workshops, Holistic
Certificated Qualifications,
Pamper Days and
Mind Body Soul Events
Qualified Therapists for
Private Treatments including
Hypnotherapy, Life Coaching,
Hair & Beauty
All Welcome

LYNDA OLDHAM SPIRITUALIST CENTRE

Stanway Village Hall,
Villa Road,
Stanway,
Nr Colchester,
Essex CO3 0RH
2nd Thursday, Monthly
Evening of Mediumship
Guest Medium each month
6.15pm for a 7.30pm start for
the Mediumship Demonstration
We offer:
15-Minute Readings
(for a donation)
Healings (for a donation)
Gong Healing
10 Craft Tables
Raffle
Cakes and a Cuppa
£3 admission
Please arrive early if
you want a reading
Lynda's Mob:
07591 920603
Follow us on Facebook

HEALING HEARTS SPIRITUAL CENTRE

A superb Platform Medium
every week,
Psychic Surgery, Healing,
Stalls, 1-2-1 Readings
and Luxury Raffle
Doors open EVERY Tuesday
at 6.00pm for
1-2-1 Readings and Healing
Platform Demonstration begins
at 8.00pm - 9.15pm
£4 entrance fee includes
FREE buffet with cakes and
all refreshments

HEALING HEARTS PSYCHIC SURGEONS

Phone for opening times
(£5 minimum donation
includes refreshments)
All profits above running costs
to four charities

See website for more details at:
www.healing-hearts-centre.co.uk

Or see our Facebook Page
www.facebook.com/healinghearts.centre
Contact: 07455 227100
Bulphan Village Hall,
Church Road,
Bulphan,
UPMINSTER, Essex
RM14 3RU

GLOUCESTERSHIRE

CHELTENHAM NATIONAL SPIRITUALIST CHURCH

Bennington Street,
Cheltenham,
Gloucestershire
GL50 4ED
Tel: 01242 703 288
Registered for Funerals,
Weddings,
Naming Ceremonies, Blessings,
Commitment of Union
www.snu.org.uk/community/churches/cheltenham.html
Follow us on Facebook:
Cheltenham Spiritualist Church
Sunday 11am Divine Service
Thursday 7.30pm
Open Awareness and
Development Group
Friday 2pm Healing
Saturday 7pm
Evening of Mediumship
Specials and Workshops
every six weeks
All Are Welcome

HAMPSHIRE

BASINGSTOKE SPIRITUALIST CHURCH

28 Victoria Street,
Basingstoke,
Hampshire RG21 3BT
Tel: 07544 548172
www.basingstokescc.co.uk
Facebook: BasingstokeSC
Sunday 6.30pm
Divine Service
Thursday 7.30pm Mediumship
Open Circle
First, Second & Last Wednesday
of month at 7.30pm £3
Open Platform
Third Wednesday of month
at 7.30pm £2
Spiritual Healing
Monday 2pm - 3.30pm
Sunday 5pm - 6pm

BITTERNE SPIRITUALIST CHURCH

Top of Lances Hill,
390 Bitterne Road,
Bitterne, Southampton,
Hampshire SO18 1DR
Tel: 07731 938587
www.bscw.andydowland.com
Follow us on Facebook:
Bitterne Spiritualist Church
Official services offered:
Spiritual Naming, Weddings
(including Same-Sex Marriages),
Renewal of Vows, Civil Partnerships,
Funerals, Memorial Services
Tuesdays: Spiritual Healing
2pm - 3.30pm and 5pm - 7pm
Sunday 6.30pm
Divine Service with Medium
Also available:
Coffee Mornings, Private
Readings and Pathways
Development Group
See website for details of our
**Special Events, Workshops and
Development Groups**
All Welcome

FLEET SPIRITUALIST CHURCH

193 Aldershot Road,
Church Crookham,
Hampshire GU52 8JS
Tel: 01252 625976
President &
Mediums' Secretary,
Marion Chilver:
01252 624986
Website: www.fleetspiritualistchurch.co.uk

Sunday Divine Service
at 6.30pm
Thursday Clairvoyant Evening
at 7.30pm (£2 admission)
Healing
Every Tuesday 7.15pm - 9pm
(doors close at 8.40pm)
with leader
ALISON CHAPMAN
Awareness Circle
Monday 7.30pm
Beginners/Novices
£3.50 (£3 members)
Open Circle
7.30pm - 9.30pm
Twice per month on Wednesday
with DENISE PLUMB
Open Platform
Friday 7.30pm with
SPENCER ROSE
£3.50 (£3 members)
See website for dates
All Welcome

HERTFORDSHIRE

CARPENDERS PARK CHRISTIAN SPIRITUALISTS

Bushford Scout Hall,
St Georges Drive,
Carpenders Park,
Watford,
Hertfordshire
WD19 5HD
(Hall cannot be seen
from road - go up drive
between numbers
37 and 39 St Georges Drive)
Contact Chris Palmer:
01923 221918
Sundays 10.30am
Divine Service
Healing Available
All Are Welcome
An activity table
is provided for children

HITCHIN SPIRITUALIST CHURCH

Whinbush Road,
Hitchin,
Hertfordshire
SG5 1PZ
Telephone:
07581 492507
www.hitchinspiritualistchurch.co.uk
Sunday Service 6.30pm
Healing:
Tuesdays 2pm & 7.30pm
Demonstrations and workshops
as advertised on website
All Welcome

KENT

BEXLEYHEATH CHRISTIAN SPIRITUALIST CHURCH

85 Lion Road, Bexleyheath,
Kent DA6 8NT
Enquiries: 07950 672200
Email: Bexleyheath.church@gmail.com

Or see us on Facebook
Sunday

Evening Service at 6.30pm
Tuesday

Afternoon Service at 2.15pm
Spiritual Healing

Tuesdays 1pm - 1.45pm
& 7.30pm - 9pm

Open Circles

Monday 7.30pm - 9pm £4.50
Wednesdays 12 - 2pm £4.50

Check dates at church or
Facebook

Open Platform 7.30pm

One Wednesday per month
All Welcome

THE SANCTUARY OF HEALING CHRISTIAN SPIRITUALIST CHURCH

Mills Terrace, Chatham,
Kent ME4 5NZ
Tel: 01634 880039

Email:

george.mcqueen@yahoo.co.uk
Website:

www.sanctuaryofhealing.co.uk

Sunday Service 6.30pm

Wednesday 10am - 1pm
Healing

Friday 4pm - 6pm Healing

Friday 8pm Clairvoyance

We also offer various Workshops
& Special Evenings of Clairvoyance
See website for more information

MAIDSTONE HEALING & SPIRITUAL DEVELOPMENT CENTRE

(M.H.S.D.C.)

meets at Madginford Hall,
Egremont Road

(behind the row of shops),

Maidstone,

Kent ME15 8LH

Tel: 07923 518148

Email: mhsdc@outlook.com

Website: www.mhdc.org.uk

We run Psychic & Spiritual
Development Mornings,
Open Circles,

Healing and Meditation
Mornings with free student
readings, monthly evenings of
Mediumship, Workshops,

Psychic Suppers,

Psychic Fairs, Courses,
Coach Trips etc.

Download the full programme
from our website or ring us!

Regular Events

All Welcome

WEST WICKHAM SPIRITUALIST CHURCH

Surrey Road,
West Wickham,
Kent BR4 0LU

President & Mediums' Secretary:

Alan Mitchell-Sleight
Tel: 01959 573049

E-mail: mitchellsleight@btinternet.com

Sunday Services 6.30pm
(doors open 5.50pm)

Wednesday Evening
Demonstrations 8.00pm

Open Circle Thursdays
11.30am - 1pm, 5pm - 6.30pm
& 7pm - 8.30pm

Private Readings

Thursdays ~ Please book in
advance with

Alan Mitchell-Sleight on
01959 573049

Spiritual Healing

After the service on a Sunday
at approximately 8pm

(providing healers are available)
and Wednesdays

12noon - 1.45pm

Workshops

Please see website or in church
for details

Please visit our website

www.westwickhamspiritualistchurch.co.uk

for other upcoming events

All Welcome

LANCASHIRE

BURY SPIRITUALIST CENTRE

3 Russell Street, Bury,
Lancashire BL9 5AX
Tel: 0161 654 9282

Website:

burysnu.weebly.com

Follow us on Facebook:

Bury Spiritual Centre

Tuesday 6pm Healing
(last registration 6.30pm)

Healing is also available on
request after the service

Tuesday 7.30pm - 8.45pm
Evening of Mediumship

Friday (fortnightly)

7.15pm for 7.30pm start
Awareness Class

Saturday 7.30pm - 8.45pm
Divine Service

All Welcome

CLEVELEYS SPIRITUALIST CHURCH

93 Beach Road, Cleveleys,
Lancashire FY5 1EW
(Opposite the Travellers Rest
Public House)

Whether you just want
to make sure a loved one
who has passed over has
arrived safe, if you want to
discover how you, as a
spirit yourself, play your
part in the Universe, want to

take your first steps on your
own spiritual journey,
or just want to sit in a
tranquil, welcoming sanctuary
for your soul to recharge
itself...

We will be waiting for you.

List of Services:

Sunday 2.30pm Guest Medium
Freewill donation

First Sunday of every month
2.30pm *Divine Sunday Service*
Monday 7.30pm (doors 7pm)

Guest Medium £2.50
followed by Open Circle

Tuesday 7.30pm £2
Awareness Class

Wednesday 12.15pm - 1.15pm
Spiritual Healing (donation)

2.30pm Guest Medium £2
7.30pm Awareness Class £2

Friday 7pm - 8pm
Spiritual Healing (donation)

Saturday Workshops

as announced

Special Services

as announced

Private Readings are available
upon request

We also have the facilities for:

Naming Ceremonies,

Weddings and Funerals

We are on Facebook

and on the web at:

www.cleveleyspiritualistchurch.co.uk

Call us on: 07756 967803

or come on in - it would be
lovely to see you

WHITE FEATHER SPIRITUALIST CENTRE

Claremont Community Centre,
Claremont Road, Blackpool,

Lancashire FY1 2QJ

Tel: 01253 355595

Every **Friday**

6.30pm Healing

7.30pm Clairvoyant Evening

followed by Open Circle

All Welcome

LEICESTERSHIRE

LEICESTER PROGRESSIVE SPIRITUALIST CENTRE

4 St. James Street, Lee Circle,
Leicester LE1 3RE

President: Marian Sawczuk

Services with Mediumship

Sundays 6pm Divine Service

Mondays 7.30pm

Wednesdays 2.30pm

Thursdays, Fridays and

Saturdays:

Special Demonstrations

as advertised

Development Groups & Circles
held every day of the week

Healing

Saturdays 10.30am - 12.30pm

Mondays 6pm - 7pm

Wednesdays 12.30pm - 2pm

Fridays 6pm - 7pm
For details of workshops
and special events, visit our
website:

www.progressivespiritualistchurch.co.uk

Email:

spritchurch@outlook.com

Tel: 0116 2536098

All Welcome

LONDON

ACTON SPIRITUAL CENTRE

The Cottage, Woodhurst Road,
Acton, London W3 6SL

President: Elaine Jordan

Tel: 020 8896 0184

Sunday Service 6.30pm

One Sunday per month

Wednesday Service 7.30pm
Healing

Every Thursday 7.30pm

Large car park

A warm welcome

is extended to all

BALHAM SPIRITUALIST CHURCH

Hamilton Hall,

211 Balham High Road,

London SW17 7BQ

Tel: 07933 332187

Sunday Divine Service 11am

Wednesday Service 7.30pm

Spiritual Healing

12.15pm after Sunday Services

Private Sitzings

See Facebook for details

Open Circle

Mondays 7.30pm - 9pm

(except Bank Hols)

Development Circle

Tuesdays 7.30pm with

PAUL GRANT

Come along and meet us

See our Facebook Ad at:

Balham Spiritualist Church

All Welcome

BARNES HEALING CHURCH

Between

77-79 White Hart Lane,

London SW13 0PW

Five-minute walk from

Barnes Bridge railway station

General Enquiries:

07581 534028

Facebook: [BarnesHealingChurch](https://www.facebook.com/BarnesHealingChurch)

Website: www.barneshealingchurch.co.uk

E-mail: barneshealingchurch@hotmail.co.uk

Sunday Healing Service 6.30pm

Wednesday at 7.30pm

Evening of Clairvoyance £3

Special Events

For details about our Open
Platforms, Circles, Workshops,
Special Evenings and more,
please see our website or
our Facebook page

Healing

Tuesdays 7.00pm - 8.00pm
Thursdays 10.30am - 1.00pm
A Warm Welcome Awaits Everyone
REGISTERED FOR
MARRIAGES, CEREMONIES
& SACRED SERVICES

BATTERSEA SPIRITUALIST CHURCH

46 Bennerley Road,
Off Northcote Road,
London SW11 6DS
President - Margaret Cutler:
020 7223 3156
Enquiries: 020 7622 4900
or 020 3573 3571
E-mail: bsc@batterseasc.co.uk
Web: www.batterseasc.co.uk
Sunday Service 6.00pm
Thursday Service 7.30pm
Bennerley Friendship Club
One Wednesday per month
2pm £3
Private Readings
See website
Healing (except Bank Holidays)
Mondays 1.30pm - 2.45pm

CLAPHAM NATIONAL SPIRITUALIST CHURCH

11a North Street,
Old Town, Clapham,
London SW4 0HN
Enquiries: Tel 020 7498 5521
Sunday Service: 6.00pm
Tuesday: 6.00pm
Private Readings and Healing.
Readings end at 8.00pm
Saturday: 7.30pm
Evening of Clairvoyance
Open Platform
Every 1st Saturday of the month
6pm - 7pm
Everyone is Very Welcome
at our Church!

EALING NATIONAL SPIRITUALIST CHURCH

66-68 Uxbridge Road,
West Ealing, London W13 8RA
(Next to Ealing Fire Station)
Buses 207, 83, E2, E7, E8
Enquiries: Alison
Tel: 07958 463529
Every Sunday except
Bank Holidays
AUGUST 2020 EVENTS
Sunday Service at 6.30pm
2nd THERESA
9th ROSIE & LORRAINE
16th SARAH JACKSON
23rd MARC IMPEY
30th Closed (Bank Holiday)
Thursday Mediumship 7.30pm
6th IRIS BRIDGEWATER
13th ESI CAKMAKCIOGLU (Art)
20th KAREN PYLE
27th KEVIN MALYON
Private Readings
Saturday 22nd August
10am - 1pm
4 Mediums and an Angel Reader
20 mins for £12 (Membs £10)

Mediums on the day:
IRIS BRIDGEWATER,
GLENDA WALL,
MARC IMPEY
& SARAH JACKSON
Angel Readings: RITA
Payment at time of booking.
Please book with Jeannine on
07956 312753
Monday 3rd August
7.30pm - 9.30pm
Open Circle with
OWEN WILLIAMS
Please note that Thursday
demonstrations are charged at
£3.00 (£2.00 members) - unless
stated otherwise - and Sunday
services remain as a
voluntary donation
Find us on Facebook: Ealing
National Spiritualist Church
MARRIAGES SOLEMNISED
NAMINGS
All Welcome

EDMONTON SPIRITUALIST CHURCH

14 Linnell Road,
London N18 2QW
Telephone: 020 8887 9610
www.edmontonspiritualistchurch16.com
Follow us on Facebook
Last Sunday of month at 6pm
Mondays at 1.30pm
Spiritual Healing Tuesdays
12.15 - 1.45pm & 6.30 - 7.30pm
Reiki Tuesdays 7.30pm £5
Come and enjoy the
empowerment of Reiki
Open Circle
Wednesdays 7.15pm £4
All Welcome

FULHAM NATIONAL SPIRITUALIST CHURCH

Kelvedon Road, Fulham,
London SW6 5BP
(Nearest Underground station
Parsons Green)
Buses No. 11 and 14
Tel: 020 7736 7248
Acting President: Derek Delves
Working for Spirit
into the 21st century
Sunday Service at 6.30pm
Thursday
Demonstration at 7.30pm
Open Circle
with JOHN JEMMETT
See in church for dates
A very warm welcome awaits
friends old and new
Come and meet us at
our lovely church
WEDDINGS
NAMINGS ~ FUNERALS

THE LONDON SPIRITUAL MISSION

13 Pembridge Place,
London W2 4XB
secretary@spiritualmission.co.uk
www.spiritualmission.co.uk

Telephone: 020 7229 2024
Church Activities
Sunday Services
11am & 6.30pm
Wednesdays 7.30pm
for an Hour of Clairvoyance
Spiritual Healing Mondays
11am - 1pm, 2pm - 3pm,
5pm - 7pm and
Thursdays 5pm - 7pm
For Special Events, Courses &
Workshops please see our website
Animal Healing
Mondays 11am-1pm
All domestic pets welcome

MORDEN SPIRITUALIST CHURCH

214 Morden Road, Morden,
London SW19 3BY
Enquiries Telephone:
020 8648 5369
Church Tel: 020 8544 1816
E-mail:
morden.church@hotmail.co.uk
Sunday Evening 6.30pm
Service and Clairvoyance
Thursday Evening 7.45pm
Clairvoyance Entrance £2.50
Private Readings see website
Open Circle 8pm Every Monday
Leader: Rene Bond
Spiritual Healing
Spiritual Healing available
8pm after Sunday Service
Free-will donation
All Welcome

VIOLET MOON SPIRITUAL CENTRE

Ruskin House,
Nelson Mandela Room,
23 Coombe Road, Croydon,
Greater London CR0 1BD
Website:
www.violetmoonpsychic.com
Email: lorraine@violetmoonpsychic.com
violetmoonpsychic.com
Fridays: 7pm - 8.30pm
Demonstrations of Mediumship
Clairvoyance Events

SYDENHAM SPIRITUAL & HEALING CENTRE

Venner Community Hall,
1, Venner Road, Sydenham,
London SE26 5EQ
(Venner Road is opposite
Sydenham Railway Station
The hall is adjacent to
Sydenham High Street)
Bus routes:
176, 312, 75, 194, 202, 450
Enquiries: Caroline Hackett
on 07891 067478
Demonstration of Clairvoyance
every Wednesday at 8.00pm
Doors open 7.30pm
Healing every week by
registered healers from
7.30pm until 9pm
Visit our website at:
www.sydenhamspiritualcentre.co.uk

WOOD GREEN SPIRITUALIST CHURCH

(Cnr of Maryland Road)
High Road, Wood Green,
London N22 5AR
Minister in Spirit:
Mrs Ida Stenning
Enquiries: 020 8888 1992
Website: www.woodgreenspiritualistchurch.co.uk
Sunday 6.30pm Service
Wednesday 7.30pm Service
Tuesday 7.30pm - 9pm Healing
All Welcome

WOODFORD SPIRITUALIST CHURCH

9 Grove Crescent,
South Woodford,
London E18 2JR
<http://woodfordchurch.com>
Sunday 6.30pm Service
Monday 2pm Service
Weekly Services:
Monday 7.30 - 9pm
Spiritual Awareness Group
Tuesday 7.30 - 9pm £3
Open Circle with SHARON LAW
Wednesdays
2pm - 4pm & 7.30pm - 9pm
Spiritual Healing
Friday 7.30pm - 9pm £3
Open Circle with JOHN JENKINS
Please see website for details
of our regular Private Readings
Workshops & Dru Yoga Classes
All Welcome

MIDDLESEX

HAMPTON HILL SPIRITUALIST CHURCH

Angel Close,
Windmill Road,
Hampton Hill
TW12 1RG
Enquiries: 020 8941 5177
www.hamptonhillspiritualistswebden.co.uk
Sunday 6.30pm Service
Thursday 7.30pm
Demonstration
Evening Open Circles & Classes
See website for days & dates
Open Platform with
MARTIN TWYACROSS
Open Awareness Circle with
LINDA TWYACROSS
Mediumship Practice Circle
with PAMELA POLLINGTON
Open Healing Circle with
SHEILA SMOOTHY
Open Awareness Circle with
SUSIE SHAW
Speakers & Philosophy Class
with MARTIN TWYACROSS
Spiritual Healing
Every Wednesday from 7.30pm
Weddings, Namings and
Funerals arranged
See our website for
further details
All Welcome

HAYES
SPIRITUALIST CHURCH
 Albert Hall, Albert Road,
 Hayes, Middlesex UB3 4HR
 Telephone: 07949 186308
 Find us on Facebook:
 Hayes Spiritualist Society
 Wednesday 6.30pm - 7.30pm
 Healing Wednesday 7.30pm £4 on
 the door
 Service with Clairvoyance
 Thursday 2.30pm - 4pm Healing
 Every Friday 7.30pm £4
 Open Circle
Coffee Morning:
 last Saturday of the month
 Jan - Nov 11am - 4pm
 Private Readings:
 £15 for 20 mins
 Bookable in advance
 All Welcome

**KENTON SPIRITUALIST
 CHURCH & HEALING
 CENTRE**
 35 Churchill Avenue, Kenton,
 Harrow, Middlesex HA3 0AX
 President: Bette Kotecha
 Tel: 020 8621 3103
 (Answerphone)
 Sunday Service 6.30pm
 Thursday Clairvoyance 7.45pm
 Visit: www.kentonspiritualistchurch.co.uk for further details
 Special events
 throughout the year
 A Warm Welcome Awaits YOU!

**THE LIGHT ON THE HILL
 HARROW
 SPIRITUALIST CHURCH**
 1 Vaughan Road, Harrow,
 Middlesex, London HA1 1DP
 Website:
www.harrowsnuchurch.wixsite.com/harrow
 Email: lightonthehill@live.co.uk
 Telephone: 07528 348 432
Service Times:
 Sunday 7.30pm - 9pm
 Wednesday 7.45pm - 9pm
Healing Services:
 Monday 10am - 12pm
 Wednesday 9.15pm - 9.45pm
 Sunday 7.30pm at start
 of Service
 All Welcome

**THE
 SANCTUARY OF
 THE SILVER CROSS**
 Friends Meeting House,
 Belmont Road, Uxbridge,
 Middlesex UB8 1QW
 President: Linda Chant
 Tel: 07792 900194
 Website: www.sanctuaryofthesilvercross.com
 Sunday Divine Service 6.15pm
 Healing available after service
 We are a five-minute walk from
 Uxbridge Underground station.
 Tea and cakes after services
 All very welcome!

NORFOLK

**SNETTISHAM
 INDEPENDENT
 SPIRITUALIST CHURCH**
 Memorial Hall,
 Old Church Road,
 (Next to the Rose and Crown)
 Snettisham, Norfolk
 PE31 7NA
 Contact Sandra: 01485 541719
 Follow us at:
www.facebook.com/SnettishamSpiritualChurchServices
 Every 2nd and 4th Sunday
 of the month at 3pm
 Healing available after Service
 All Welcome

NOTTINGHAMSHIRE

**WEST BRIDGFORD
 SPIRITUALIST CHURCH**
 Wilford and South Notts
 Community Centre,
 Wilford Lane, Nottingham,
 Nottinghamshire NG11 7AX
 Tel: 07787 136531
Tuesdays
 7.30pm Service £4
 including Raffle (optional)
Fridays
 1.30pm Divine Service
 freewill donation £1 Raffle
Saturdays
 7.30pm Service
 £4 including Raffle (optional)
 Follow us on Facebook:
 West Bridgford Spiritualist
 Church
 All Welcome

SHROPSHIRE

**DAWLEY
 GUIDING LIGHT
 SPIRITUALIST CHURCH**
 Dawley House,
 22 Burton Street, Telford,
 Shropshire TF4 2ES
 Contact us: 01952 507188
 Facebook:
 Dawley Guiding Light
 Spiritualist Church
Saturdays 7.30pm - 9pm
 Evening of Clairvoyance
 £3 at the door
 includes raffle ticket, tea,
 coffee and biscuits
Fridays: Specials as advertised
 All Welcome

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SOMERSET

**ALCOMBE & MINEHEAD
 CHRISTIAN
 SPIRITUALIST CHURCH**
 Grove Place, Manor Road,
 Alcombe, Minehead TA24 6EH
 Tel: 0783 110 4896
 Summer Sunday Service at 6.30pm
 (March to end of October)
 Winter Sunday Service at 3pm
 (November to end of February)
 Healing Groups,
 a monthly Healing Day,
 Healing Evenings, Open Circles,
 Evenings of Clairvoyance
 all available on various days
 during each month.
 See our website for the full
 day-by-day itinerary of what
 our church can offer you.
www.mineheadspiritualistchurch.co.uk

STAFFORDSHIRE

ANGEL ATTIC
 Staffordshire's Principal
 Independent Psychic Centre,
 St Patricks Place, Stafford,
 Staffordshire ST16 2PN
 TEL: 01785 600994
 or 07504 126336
 Contact Rachel by email:
rachel.angelattic@gmail.com
 Private One-to-One Sitzings,
 Courses, Workshops,
 Social Events, Afternoon Teas,
 Psychic Suppers,
 Classes & Groups, Open Circle,
 Demonstration Evenings,
 Educational Programmes
 and so very much more...
 Do call or email, check out our
 Facebook (Angel Attic) page
 for upcoming events
 A warm welcome is extended to all
 Proud stockists of Psychic News

SURREY

**CROYDON
 SPIRITUALIST CHURCH**
 Chatsworth Road, Croydon,
 Surrey CR0 1HE
 President:
 Mr Alan Seymour CSNU, LSSNU
 Contact Tel: 020 8688 1827
 Email:
alanseymour@btinternet.com
 Website: www.croydonspiritualistchurch.org.uk
 Sunday 11am Service
 Sunday 6.30pm Service
 Wednesday 7.45pm Service
Healing Every Thursday at
 1.30 - 3.30pm & 6.00 - 8.00pm
Open Platform
 Third Monday of the month
 at 7.30pm Fledglings, training
 speakers, demonstrators &
 congregation required ~ Free
 All Welcome

**FARNHAM INDEPENDENT
 CHRISTIAN
 SPIRITUALIST CHURCH**
 Hale Village Hall,
 1 Wings Rd,
 Farnham GU9 0HN
 President: Jean Harris
 Tel: 07936 708882
 Follow us on Facebook
Divine Service
 Every Sunday 6.30pm - 8pm
 Free-will offering
Awareness Group
 See Facebook or in church
Open Platform
 See Facebook or in church
Healing After Services
 All Welcome

**SPIRITUAL
 AWARENESS GROUP**
 Bringing Spirit to the people
 Glyn Hall, Cheam Road,
 Ewell Village,
 Surrey KT17 1SP
 Enquiries: Betty Masters
 Tel: 07786 741509
 Email: spiritualawarenessgroup@gmail.com
 Sunday Services with
 Clairvoyance
 Entrance fee £4.50
 Doors 6.15pm for 6.45pm start
 With regret, due to the current
 coronavirus situation we are
 currently suspending services.
 Contact for re-opening dates.

**HACKBRIDGE
 SPIRITUALIST CHURCH**
 For information call
 Jackie on: 0781 806 1063
 for further details

**KINGSTON NATIONAL
 SPIRITUALIST
 CHURCH**
AUGUST 2020 EVENTS
 Villiers Road,
 Kingston upon Thames,
 Surrey KT1 3AR
 Website: www.kingstonsc.net
 Email:
kingston.spiritualist@yahoo.com
 Also on Facebook
 President: Bernadete May
 Secretary: Gerrie Chaney
 Telephone: 020 8401 6967
 Church Mobile: 07910 335 763
Sunday 11am Divine Service
 2nd TBA
 9th SID PRIVETT
 16th LESLEY HAMILTON
 23rd VANDA GALAZKA
 30th ROSA PLAZA
Monday 7.30pm
 Evenings of Mediumship
 3rd CORAL THOMPSON
 10th JUNE FROST
 17th IRIS BRIDGEWATER ISM
 24th PAT MURRAY
 31st Closed (Bank Holiday)
Absent Healing Sessions
 Every Monday at 9pm - 9.20pm

SUTTON YOUNG SPIRITUALIST CHURCH

Thomas Wall Centre,
Benhill Avenue, Sutton,
Surrey SM1 4DP
Enquiries: 020 8641 2630
Sunday Service at 6.30pm
followed by Healing
Clairvoyant Evening at 7.30pm
One Wednesday per month
We are a friendly independent
Spiritualist church
All very welcome indeed
Do come and visit us!
All Welcome

RICHMOND SPIRITUALIST CHURCH

97 Church Road, Richmond,
Surrey TW10 6LU
Website: www.richmondspiritualistchurch.com
Email:
richmondchurch97@gmail.com
Enquiries: 07507 703497
Follow us on Facebook
Sunday Divine Service 6.30pm
Free will donation
Wednesday Clairvoyance 7.30pm
£3.50 (Members £3)
Open Circles
First Monday of month
7.30pm with DEL HODD
Last Tuesday of month 7.30pm
with OWEN WILLIAMS
Open Platform
Second Tuesday of month
7.30pm with LYNN BURRIDGE
Meditation Circle
Third Monday of month at
7.30pm with
DEL HODD &
ANGELA PENYCATE
(Please note that no pets or
children admitted to circles &
open platform)

Speakers and Chairperson's Class
First Tuesday of month 7.30pm
with LYNN BURRIDGE
Private 1-2-1 Readings
Once a month
See website for details
After each service, there will be
free tea, coffee and biscuits,
and time for a chat
We have an *absent healing book*
for you to place the names of
those in need. We send out
prayers to them twice a week
at the above services.

EAST SUSSEX

SEAFORDSPIRIT Seaford Independent Spiritualist Church,

3 Warwick Road,
Seaford,
East Sussex BN25 1RS
Tel: 01323 737407
Email:
enquiries@seafordspirit.co.uk
Website:

www.seafordspirit.co.uk

Thursday 7.30pm

Divine Service

Friday 10.30am - 12 noon
Healing

Clairvoyant Evenings
Alternate Saturdays 7.30pm
Demonstrations and workshops
as advertised on website
All Welcome

WEST SUSSEX

ANGEL IN BLUE

Storrington Village Hall,
59 West Street, Storrington,
West Sussex RH20 4DZ
Social, Support and
Mediumship Demonstration
Evenings
The last Friday of each month
Starts at 7.00pm
Entrance £6 inclusive of
Raffle and Refreshments
Enquiries: Contact Val Harber
01403 865823
angelinblue@btinternet.com

BARNHAM SPIRITUAL CENTRE

Barnham Community Hall,
Murrell's Field,
Yapton Road,
Barnham PO22 0AY
Contact Darren Hart:
0774 945 4281
Every Monday 7.30pm
Evening of Mediumship
First Sunday of the month
6.30pm Divine Service
We are a spiritual centre
providing Evenings of
Mediumship on a weekly basis
and a monthly Divine Service
We also provide Private
Readings as well as Healing
Find details of all our latest
events on Facebook:
Barnham Spiritual Centre
Serving all local communities
All Welcome

CRAWLEY SPIRITUALIST CHURCH & HEALING CENTRE

Capel Lane,
Gossops Green,
Crawley,
West Sussex
RH11 8HL
President: Maureen Hedger
Tel: 01342 870657
Sunday Divine Service
6.30pm - 8.00pm
Wednesday 7.30pm 9.00pm
Clairvoyant Evening
£4.00 (Members £3.00)
Spiritual Healing
Thursdays 7.30pm - 9.00pm
E-mail:
crawleyspiritual@gmail.com
Website: www.crawleyspiritualistchurch.co.uk
All Welcome

TYNE & WEAR

NEWCASTLE UPON TYNE, HEATON AND BYKER SPIRITUALIST CHURCH

16 - 18 Tosson Terrace,
Heaton,
Newcastle upon Tyne,
Tyne and Wear NE6 5LX
Telephone: 07809 532461
Sunday 4.30pm - 5.30pm
Healing
Sunday 6.30pm Divine Service
Monday 7pm Clairvoyance
Thursday 7pm
Discussion and Open Circle
Specials as advertised
All Welcome

WILTSHIRE

WILTON SPIRITUALIST CHURCH

Light, Nature, Truth
3 Warminster Road,
Wilton, Salisbury,
Wiltshire SP2 0AT
Tel: 07892 685626
Follow us on Facebook at:
Wilton Spiritualist Church
Sunday 6.30pm Divine Service
Includes a Demonstration
of Mediumship
Open Circle
2nd and 4th Tuesday of each
month at 7.30pm
Everyone Welcome

WEST MIDLANDS

SUTTON COLDFIELD SPIRITUALIST CHURCH

Kenelm Road,
Off Manor Hill,
Sutton Coldfield B73 6HD
Website:
www.scsconline.co.uk
Telephone:
0121 354 3266
Follow us on Facebook at:
Spiritualist Church,
Sutton Coldfield
Sunday 6.30pm
Service
Monday 1.30pm
Service
Tuesday 7.30pm
Mediumship Classes
Thursday 8.00pm
Healing
Friday 7.30pm
Open Circle
Saturday 11.00am
Healing
For Monthly Specials
& Workshops
please see our
Website/Facebook pages
All Welcome



THE BUTTERFLY FELLOWSHIP 2012

Wollaston Village Hall
Community Centre,
Bridgnorth Road, Stourbridge,
West Midlands DY8 3QA
(unless specified in listing)

Evening of Mediumship,
Special Events and
Afternoon Clubs
Complimentary refreshments
served after each event
Enquiries to: 07809 464165
See our excellent website at
www.butterfly2012.com
& follow us on Facebook:
The Butterfly Fellowship 2012
Psychic News available
at our meetings
Large Car Park at
Community Centre
All Welcome

STH YORKS

WHITHAM ROAD SPIRITUALIST CHURCH

109 Whitham Road,
Broomhill, Sheffield,
South Yorkshire S10 2SL
Tel: 0114 2664025
Mob: 0742 266 5205
www.whithamroadspiritualistchurch.co.uk
Sunday 6.30pm - 8pm
Divine Service
Sunday 3pm - 4.30pm
Open Circle
Tuesday 7.30pm - 9pm
Mediumship
Wednesday 11am - 1pm Healing
Wednesday 1.30pm - 3pm
Open Circle
Wednesday 7.30pm - 9pm
Open Circle
We also hold monthly
Special Evenings of Mediumship
along with other Special Events
throughout the year,
including three Psychic Fairs,
a Psychic Supper,
Development Workshops and
Development Courses

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WALES

THE GATEWAY CHRISTIAN SPIRITUALIST CHURCH

2A Northcote St
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CARDIFF CF24 3BH
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gatewaychurch.co.uk
All are welcome

SCOTLAND

ARTHUR CONAN DOYLE CENTRE
Home of THE EDINBURGH ASSOCIATION OF SPIRITUALISTS
25 Palmerston Place,
Edinburgh, Scotland EH12 5AP
Website: www.arthurconandoylecentre.com
Phone: 0131 625 0700
Sundays 11am DIVINE SERVICE
Wednesdays 7.30pm
OPEN CIRCLE (Except August)
Full programme of Special Events,
Workshops, Talks and Courses
See website for details
Also available: Holistic Therapies • Healing • Private Sitzings • Aura Camera Readings • Victorian Tearoom • Room Hire • Psychical Research and Investigation Unit • Follow us on Facebook & Twitter

GUERNSEY

THE GREETING PLACE FOUNDATION
SPIRITUALIST CENTRE
Douzaine Room, St Peters,
Guernsey,
Channel Islands
Enquiries to: Ann Jennings
Telephone: 01481 247185
Mobile: 07781 413218
Email: greetingplace@cwgsy.net
Website: www.healingandspiritualcentre.com
Our regular services are:
Sunday 11.00am
Address and Communication
Monday 7.30pm Healing Group
Saturday 10.30am
Healing Clinic
Other services as announced
Everyone Welcome

GREECE



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www.angelicreikiuk.com	www.healingangels.co.uk



IRENE - 'BEAUTY FROM WITHIN'

When it comes to Royal Jelly – Nothing else compares

Irene Stein is not your average 80 year old. She is fit, healthy, energetic and, when not working on her business, she is out playing a game of tennis or two and enjoying life to the fullest. Not only this, her flawless complexion has many second guessing her age and not an inch of grey can be found in her full head of hair. Even more interesting is the photo of her mother at 82 years who also managed to get rid of her Arthritis and improved her heart condition by taking the Formula. **Is this not impressive!**



This miraculous formulation, created by Irene herself in conjunction with a Master in Complex Homeopathy and another Master in plant/herbal knowledge, is an excellent blend of Royal Jelly which is naturally preserved in honey with Ginseng, Echinacea and herbs and has been used in the treatment of at least 75 different health conditions. From allergies, digestive problems, diabetes, menopause and migraines right through to heart conditions, blood pressure, cancer, chemotherapy and prostate problems, Royal Jelly can significantly reduce symptoms and in many cases eliminate the condition completely.

Irene's first encounter with Royal Jelly was when she was around 40 years of age. After suffering from a retroverted uterus which was causing her a great deal of pain, Irene went through a hysterectomy.

She was advised that she would need to take hormone replacement tablets and would go into early menopause. As well as the inevitable hot flushes, night sweats and other hormonal imbalance symptoms she was also advised she would be out of action for at least 6 months.

Strong willed and determined to avoid medication; Irene refused to take the tablets and instead took Royal Jelly. Astonishingly, she did not go into early menopause and instead made a full recovery and was back at her desk just one week later!

Not only did this incredible formula relieve Irene of her symptoms, it completely removed her migraines – from which she had suffered from at an early age – and dramatically improved her immune system, meaning she never suffers from coughs, colds or flu.

"I was born to a mother ahead of her time and brought up on black molasses, cider vinegar, and told about the importance of breathing" Irene comments, "These early introductions worked for me and became my own belief, and when I discovered Royal Jelly in 1974 through a Greek Bee Keeper, my mother knew all about it, even though it wasn't readily available."

"I think it is true to say that I don't actually resemble my 80 years. Things like memory, retention, absorption, clarity, focus, agility, and I still seem to be firing on all cylinders. During the early part of my experiences with Royal Jelly, I was fascinated by the way in which my mother's arthritis disappeared completely in her late 70's and I watched her greying hair turned back to its natural colour.

"Incidentally my tennis is getting better and better. I am amazed how I am able to outplay players that I believe are much stronger than



myself. I am also amazed that many younger tennis partners are puffing and blowing by the time that we finish and I've still got energy to go on!"

Around 30,000 people worldwide have incorporated Royal Jelly into their daily diet including professional athletes, showbiz celebrities and members of the British Royal Family with famous faces including Queen Elizabeth, Prince Phillip, Princess Diana and Cliff Richard.

Irene's formula is 10 times more potent than Royal Jelly in other forms, thanks to the homeopathic potentiation of Echinacea and other herbs. Ingredients such as amino acids and glutamic acid are known to delay aging, while the pantothenic acid helps to prevent premature grey. In addition, elements such as inositol, lysine, phosphorus, silicon and sulphur are responsible for maintaining the skin, nails and hair, leaving them in peak condition and the ginseng, iron, thiamine (B1) and cyanocobalamin (Vit B12) provide an abundant source of natural energy.

"In the 45+ years, I have been involved with this remarkable substance and my unique formulation," explained Irene, "there have never been harmful side-effects or contra-indications in any way, shape or form, including diabetics who are actually able to lower their units of insulin they take. Many people who believe they are allergic to Ginseng or any other ingredient, find that does not apply to this formulation. I also give it to babies before birth.

"I have as many people making this a-way-of-life as taking it just for a specific condition, since it is cumulative and there are many on-going benefits. I have always had a number of Practitioners sharing my vision and recommending the product to their patients as well as the biggest growth being the recommendation from one person to another."

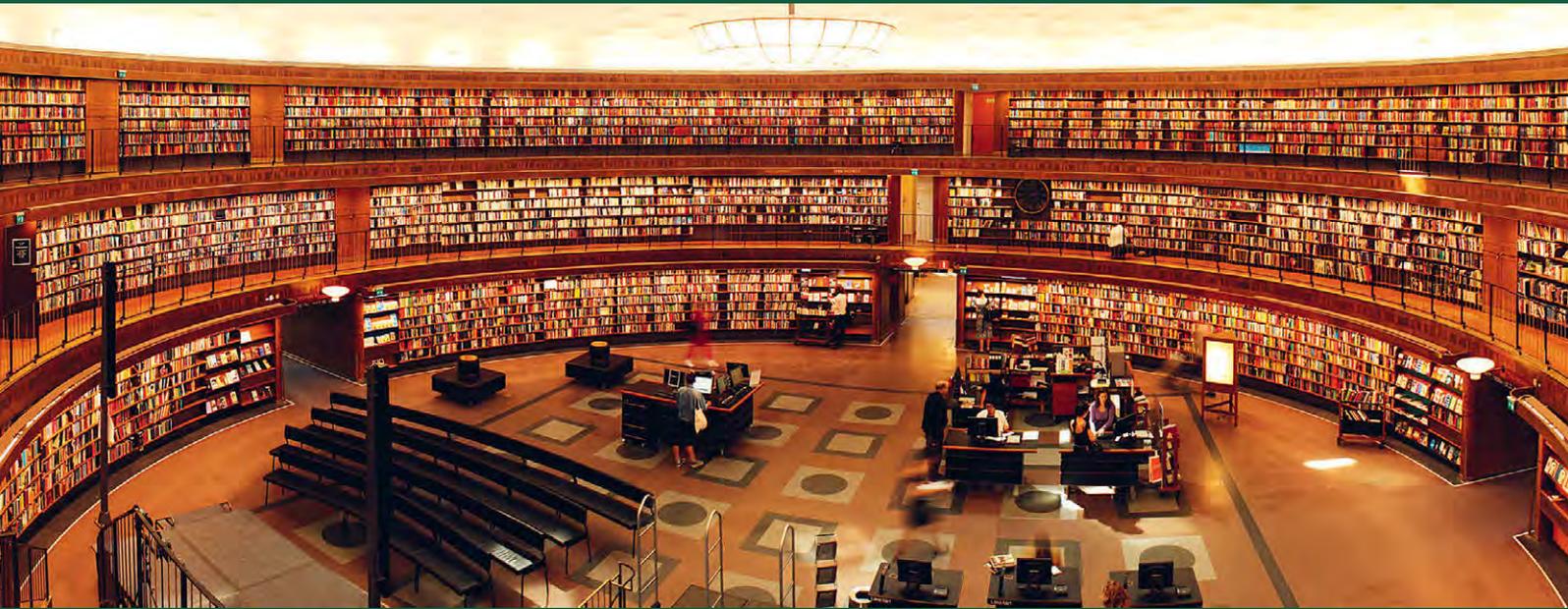
"From this amazing learning experience," she concluded, "I still continue to astonish myself with the results that I see and hear about. I am still passionate and thrilled to bits with the way in which my unique formulation changes peoples' lives, and have no intention of retiring. Why would I give up my magnificent obsession!"

Irene believes Royal Jelly is something that needs to be discussed before use, and therefore does not feel it should be sitting on the shelves of supermarkets. She is more than happy to provide more information to those who are interested and discuss their conditions and needs to provide the best plan to suit them.

**Contact Irene now on:
+44 (0)7831 641 199
email: ireneroyaljelly@gmail.com
or visit the website at:
www.irenesteinrj.com**



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